

拍數: 72 牆數: 4 級數: Intermediate
編舞者: Mike Valliere (USA)
音樂: Country Crazy - Little Texas



This dance was choreographed for the Country Dance Music Seminar, held in Nashville in April, 1996.

LEFT KICK-BALL-CHANGE, SAILOR SHUFFLES

1&2 Kick right foot forward; step on ball of right; step on left foot
3-4 Scuff right foot forward; step on right foot
5&6 Cross-step right foot behind left; step left beside right; step right beside left
7&8 Cross-step left foot behind right; step right beside left; step left beside right.

LEFT KICK-BALL-CHANGE, SCUFF, SAILOR SHUFFLES

9&10 Kick left foot forward; step on ball of left; step on right
11-12 Scuff left foot forward; step on left foot
13&14 Cross-step left foot behind right; step right beside left; step left beside right
15&16 Cross-step right foot behind left; step left beside right; step right beside left.

½ TURN, FORWARD & BACKWARD HOPS, HIP BUMPS

17-18 Step right foot forward; pivot ½ turn left
19-20 With feet together, hop forward; clap
21-22 Hop backward; clap
23-24 Bump hips right then left.

RIGHT & LEFT SIDE SHUFFLES WITH ROCK STEPS

25&26 Step right foot to right side; step left together; step right to right side
27-28 Rock-step left foot back; rock forward onto right
29&30 Step left foot to left side; step right together; step left to left side
31-32 Rock-step right foot back; rock forward onto left.

SHUFFLE, ½ TURN, SHUFFLE, ¼ TURN

33&34 Step right foot forward; step left together; step right foot forward
35-36 Step left foot forward; pivot ½ turn right
37&38 Step left foot forward; step right together; step left foot forward
39-40 Step right foot forward; pivot ¼ turn left.

HIP-HOPS

41-42 With feet together, hop to right side; hop to left side
43&44 With feet together, hop to right side three times
45-46 With feet together, hop to left side; hop to right side
47&48 With feet together, hop to left side three times

SLEAZY SLIDES

49-52 Slide right foot to right side; drag left foot to right for two beats; clap
53-56 Slide left foot to left side; drag right foot to left for two beats; clap.

JUMP, CROSS, PIVOT; JUMP, CROSS, PIVOT

57-58 Jump, landing with feet apart; jump, landing with right foot crossed over left
59-60 Pivot (unwind) ½ turn left; clap
61-62 Jump, landing with feet apart; jump, landing with right foot crossed over left
62-64 Pivot (unwind) ½ turn left; clap.

HIP BUMPS, ROCK STEPS

- 65-66 Step right foot forward, diagonally right, bumping hips forward; bump hips
- 67-68 Bump hips forward, then backward
- 69-70 Step right foot back; rock onto left foot
- 71-72 Step right foot forward; rock back onto left.

REPEAT
