

拍數: 64 牆數: 4 級數: Advanced
編舞者: Dusty Boots Linedancers (NOR)
音樂: Kjærlighet Og Kildevann - Gledeskompaniet

**CROSS ROCK BACK RIGHT, RECOVER, HOLD**

1 Cross step right behind left
2 Recover weight onto left
3-4 Step right next to left, hold

CROSS ROCK BACK LEFT, RECOVER, HOLD

5 Cross step left behind right
6 Recover weight onto right
7-8 Step left next to right, hold

CROSS ROCK BACK RIGHT, RECOVER, HOLD

1 Cross step right behind left
2 Recover weight onto left
3-4 Step right next to left, hold

STOMP, HOLD

5-8 Stomp left, right, left, hold

KICK BALL STEP RIGHT, HOLD, KICK BALL STEP LEFT, HOLD

1 Kick right forward
2 Step right next to left
3-4 Step left slightly in front of right, hold
5 Kick left forward
6 Step left next to right
7-8 Step right slightly in front of right, hold

RIGHT SHUFFLE FORWARD, STEP FORWARD RIGHT, JUMP TWICE

1& Step forward on right, step left next to right
2& Step forward on right, step left next to right
3 Step forward on right
&4 Jump on both feet twice

HIP HOP STEPS

5& Touch right toe forward, step left in place
6& Touch right toe back, step left in place
7& Touch right toe to right diagonal, hook right foot in front of left knee
8& Touch right toe to right diagonal, step left in place

1& Touch right toe back, step left in place
2& Touch right toe forward, step left in place
3& Touch right toe to back right diagonal, hook right foot in front of left knee
4& Touch right toe to back right diagonal, hold

WALK BACKWARDS 2 SLOW STEPS, 3 FAST STEPS

5 Step back on left
6 Step back on right

7&8 Step back on left, right, left

TOE POINT RIGHT, ½ MONTEREY TURN RIGHT, TOE POINT LEFT, STEP LEFT NEXT TO RIGHT

1& Point right toe right, with weight on left turn ½ turn right & step down right

2& Point left toe left, step left next to right

3-4 Repeat 1&2&

RIGHT SHUFFLE FORWARD, JUMP ON RIGHT FOOT & HITCH LEFT KNEE

5& Step right forward, step left next to right

6& Step right forward, jump on right foot and hitch left knee

LEFT SHUFFLE FORWARD, JUMP ON LEFT FOOT & HITCH RIGHT KNEE

7& Step left forward, step right next to left

8 Step left forward

& Jump on left foot and hitch right knee

CROSS JUMP RIGHT, RECOVER LEFT, STEP RIGHT NEXT TO LEFT, HOLD

1& Cross jump right in front of left & flick left foot behind right, step left in place

2& Step right next to left, hold

CROSS JUMP LEFT, RECOVER RIGHT, STEP LEFT NEXT TO RIGHT, HOLD

3& Cross jump left in front of right & flick right foot behind left, step right in place

4& Step left next to right, hold

HEEL TOUCH RIGHT, LEFT, TOE TOUCH RIGHT, LEFT

5& Touch right heel diagonally forward, step right in place

6& Touch left heel diagonally forward, step left in place

7& Touch right toe behind left heel, step right in place

8& Touch left toe behind right heel, step left in place

TOE TOUCH RIGHT REPEAT TO LEFT, RIGHT, ¼ TURN LEFT & LEFT HEEL TOUCH FORWARD, HOLD

1& Touch right toe right with toes pointing towards left instep while turning body same way as right toes are pointing (weight on left foot), step right in place

2& Touch left toe left with toes pointing towards right instep while turning body same way as left toes are pointing (weight on right foot), step left in place

3& Touch right toe right with toes pointing towards left instep while turning body same way as right toes are pointing (weight on left foot), step down right ¼ turn left

4& Touch left heel forward, hold

LEFT SHUFFLE FORWARD, HOLD, CLAP YOUR BUTT TWICE

5& Step left forward, step right next to left

6& Step left forward, hold

7 Step right next to left

&8 Clap your butt twice

REPEAT
