

# Catwalk 16

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Gerard Murphy (CAN)  
音樂: Pray for Love - Vanessa Amorosi



## WALK, WALK, WALK, ½ TURN/TOUCH, ½ TURN, TOUCH, WALK, WALK

- 1-2-3      Walk forward right, left, right
- 4      Pivot ½ turn left on right foot & touch left toes forward with left knee bent - look straight ahead (pose!)
- 5      Step down on left turning ½ turn right (back to original wall)
- 6      Touch right toes forward with right knees bent - look straight ahead (pose!)
- 7-8      Walk forward right, left

## ROCK, RECOVER, STEP, ½ TURN, ½ TURN, STEP, COASTER STEP

- 9-10      Rock forward on right, recover on left
- 11      Step back on right
- 12      Pivot ½ turn left on right foot & step forward on left foot
- 13      Pivot ½ turn left on left foot & step back on right foot
- 14      Step back on left
- 15&16      Coaster back - right, left, right

## SIDE, SAILOR STEP, BEHIND, SIDE, BEHIND, BALL CROSS

- 17      Step left to left side
- 18&19      Sailor step - right, left, right
- 20-21-22      Step left behind right, step right to right, step left behind left
- &23      Step on ball of right, cross step left over right

## SIDE, SAILOR STEP, BEHIND, SIDE, BEHIND, BALL CROSS

- 24      Step right to right side
- 25&26      Sailor step - left, right, left
- 27-28-29      Step right behind left, step left to left, step right behind right
- &30      Step on ball of left, cross step right over left

## ¼ TURN RIGHT, ¼ TURN RIGHT

- 31      Step left to left while turning body ¼ turn right (sitting back on left foot)
- 32      Pivot on ball of left ¼ turn right and step right to right

## POINT, TOUCH, SIDE STEP, TOUCH, ¼ TURN, TOUCH, STEP, ½ TURN RIGHT

- 33-34      Point left to left, touch left next to right
- 35-36      Step left to left, touch right next to left
- 37-38      Make ¼ turn right and touch right toes forward (knee bent), step right foot forward
- 39&40      Triple step ½ turn right - left, right, left

## POINT, TOUCH, SIDE STEP, TOUCH, ¼ TURN, TOUCH, STEP, ½ TURN LEFT

- 41-42      Point right to right, touch right next to left
- 43-44      Step right to right, touch left next to right
- 45-46      Make ¼ turn left and touch left toes forward (knee bent), step left foot forward
- 47&48      Triple step ½ turn left - right, left, right

## STEP BEHIND, CROSS TOUCH, STEP, ¼ TURN RIGHT, COASTER STEP, TOUCH, STEP

- 49      Step left behind right (turning body slightly to left)

- 50-51 Cross right over left touching right toes (knee bent), step right across left (turning body back to front)
- 52 Step left to left while turning body  $\frac{1}{4}$  turn right (sitting back on left foot)
- 53&54 Coaster back - right, left, right
- 55-56 Touch left toes forward (knee bent), step left foot forward

**TOUCH, STEP, KICK STEP TOUCH, ROCK, RECOVER,  $\frac{1}{2}$  TURN,  $\frac{1}{2}$  TURN**

- 57-58 Touch right toes forward (knee bent), step right foot forward
- 59&60 Kick left foot forward, step in place on left, touch right toes next to left
- 61-62 Rock back on right, recover on left
- 63 Pivot  $\frac{1}{2}$  turn left on left foot & step back on right foot
- 64 Pivot  $\frac{1}{2}$  turn left on right foot & step forward on left foot

**REPEAT**

**In order to end the dance on the front wall, the last time you do counts 63 & 64 you substitute as follows:**

- 63 Step right forward
- 64 Pivot  $\frac{1}{2}$  turn left with weight to your left foot

**Then step right forward on the final beat of the song as you raise your arms in the air.**

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