

# Cathy's Waltz

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 48      牆數: 2      級數: waltz  
編舞者: Peter Metelnick (UK)  
音樂: Husbands and Wives - Brooks & Dunn



Choreographer's note: This dance is dedicated to my wife, Cathy. Thanks for all your support

## LEFT BALANCE FORWARD, 1&½ TURN RIGHT

- 1-3 Step left foot forward, step right foot together, step left foot in place
- 4 Turn ½ right and step right foot forward
- 5 Pivot ½ right on right foot and step left foot back
- 6 Pivot ½ right on left foot and step right foot forward

## LEFT BALANCE FORWARD, 1&¼ TURN RIGHT

- 1-3 Step left foot forward, step right foot together, step left foot in place
- 4-5 Turn ½ right and step right foot forward, pivot ½ right on right foot and step left foot back
- 6 Pivot ¼ right on left foot and step right foot to right side (now facing left side wall)

## LEFT OVER RIGHT, RIGHT TO RIGHT SIDE, SWIVEL HEELS RIGHT, RIGHT OVER LEFT, LEFT TO LEFT SIDE, RIGHT BEHIND LEFT

- 1-2 Cross step left foot over right foot (body is angled right), step right foot to right side
- 3 Swivel both heels to the right (body is angled left, weight ends on left foot)
- 4-6 Cross step right foot over left foot, step left foot to left side, cross step right foot behind left foot

## ¼ LEFT & STEP LEFT FORWARD, RIGHT FORWARD & ½ LEFT, LEFT FORWARD, RIGHT BALANCE FORWARD

- 1 Turn ¼ left and step left foot forward
- 2 Step right foot forward & pivot ½ left, lifting left foot slightly off the floor
- 3 Step left foot slightly forward
- 4-6 Step right foot forward, step left foot together, step right foot in place (end facing front wall)

## LEFT OVER RIGHT, RIGHT TOGETHER, LEFT IN PLACE (TWINKLE), RIGHT CROSS ROCK & RECOVER, ½ RIGHT & RIGHT FORWARD

- 1-3 Cross step left foot over right foot (body is angled right), step right foot together, step left foot in place
- 4 Cross step right foot over left foot (body is angled left) and rock forward
- 5 Recover weight on left foot and step left foot back
- 6 Turn ½ right and step right foot forward (now facing back wall)

## LEFT OVER RIGHT, RIGHT TOGETHER, LEFT IN PLACE (TWINKLE), RIGHT OVER LEFT, LEFT TOGETHER, RIGHT IN PLACE (TWINKLE)

- 1-3 Cross step left foot over right foot (body is angled right), step right foot together, step left foot in place
- 4-6 Cross step right foot over left foot (body is angled left), step left foot together, step right foot in place

## WEAVE RIGHT, RIGHT SIDE ROCK & RECOVER, RIGHT OVER LEFT

- 1-3 Cross step left foot over right foot (body is angled right), step right foot to right side, cross step left foot behind right foot
- 4-6 Step right foot to right side and rock, recover weight on left foot, cross step right foot over left foot (body is angled left)

**VINE LEFT 3, RIGHT OVER LEFT, LEFT SIDE ROCK & RECOVER**

1-3 Step left foot to left side, cross step right foot behind left foot, step left foot to left side

4-6 Cross step right foot over left foot, step left foot to left side and rock, recover weight on right foot turning body back to center (end facing back wall)

**REPEAT**

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