

Catch My Breath

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mick Herbert (UK)
音樂: Breathless - The Corrs



KICK, KICK, COASTER STEP, KICK, KICK, TOE BALL CHANGE ¼ TURN RIGHT

1-2 Kick right forward twice
3&4 Step back right, step left beside right, step forward right
5-6 Kick left forward twice
7&8 Touch left toe back, step left beside right, step forward right making ¼ turn right

LEFT SHUFFLE, RIGHT SHUFFLE, ROCK STEP, TRIPLE STEP ¾ TURN LEFT

9&10 Step forward left, close right next to left, step forward left
11&12 Step forward right, close left next to right, step forward right
13-14 Rock forward on left, rock back on right
15&16 Triple step ¾ turn left - stepping left, right, left

TOE SWITCHES, SIDE SHUFFLE, CROSS ROCK, SHUFFLE TURN ¼ LEFT

17&18 Touch right to right side, step right beside left, touch left to left side
&19 Step left beside right, step right to right side
&20 Close left beside right, step right to right side
21-22 Cross rock left over right, rock back on right
23&24 Step left to left side, close right beside left, step left to left side making ¼ turn left

ROCK STEP, HEEL SWITCHES, TOE TAPS, LEFT SHUFFLE

25-26 Rock forward on right, rock back on left
&27 Step right beside left, touch left heel forward
&28 Step left beside right, touch right heel forward
&29-30 Step right beside left, tap left toe back twice
31&32 Step forward left, close right next to left, step forward left.

REPEAT
