Catalog Dreams



拍數: 72 牆數: 2 級數: Improver

編舞者: Johnny S. (UK)

音樂: Catalog Dreams - Joni Harms



"Catalog Dreams" by Joni Harms tells the wonderful story of how the early westerners did their shopping by mail order from the Sears & Roebuck catalog (when they could afford to)

WALK, HOLD TWICE, SHUFFLE BACK, HOLD

1-4 Step right foot forward, hold, step left foot forward, hold

5-8 Step right foot back, step left foot back beside right foot, step right foot back, hold

WALK, HOLD TWICE, SHUFFLE, HOLD

1-4 Step left foot back, hold, step right foot straight back, hold

5-8 Step left foot forward, step right foot forward beside left foot, step left foot forward, hold

CHASSE RIGHT, HOLD, ROCK-RECOVER-STEP, HOLD

Step right foot to right side, step left foot beside right foot, step right foot to right side, hold Rock-step left foot behind right foot, recover weight onto right foot, step left foot beside right

foot, hold

RIGHT SAILOR STEP, HOLD, CHASSE LEFT, HOLD

Step right foot behind left foot, step left foot slightly back, step right foot in place, hold Step left foot to left side, step right foot beside left foot, step left foot to left side, hold

ROCK-RECOVER-STEP, HOLD, LEFT SAILOR STEP, HOLD

1-4 Rock-step right foot behind left foot, recover weight onto left foot, step right foot in place, hold

5-8 Step left foot behind right foot, step right foot slightly back, step left foot in place, hold

SHUFFLE WITH 1/4 TURN RIGHT, HOLD, BRUSH, STEP-STEP, HOLD

1-4 Step right foot to right side, step left foot beside right foot, step right foot to the right making 1/4

turn right, hold

5-8 Brush ball of left foot forward beside right foot, step left foot in place, step (or stomp) right foot

in place, hold

WALK, HOLD, WALK, HOLD, START WEAVE TO RIGHT

1-4 Walk forward on left foot, hold, walk forward on right foot, hold

5-8 Step left foot behind right foot, step right foot to right side, step left foot across in front of right

foot, step right foot to right side

CONTINUE WEAVE RIGHT WITH 1/4 TURN RIGHT, HOLD, ROCK-RECOVER-AND-CROSS

1-4 Step left foot behind right foot, step right foot to right side - while making 1/4 turn right, step left

foot forward, hold

5-8 Rock right foot to right side, recover weight onto left foot, cross right foot over in front of left

foot, hold

ROCK-RECOVER-AND-CROSS, WALK, HOLD, WALK, HOLD

1-4 Rock left foot to left side, recover weight onto right foot, cross left foot over right foot, hold

5-8 Walk forward on right foot, hold, walk forward on left foot, hold

Alternative move on counts 5-8: make complete full turn left stepping on right foot & left foot

REPEAT

TAG

At the end of the 4th sequence of the dance. You will be facing the front again, so after the walks forward, just do a

1-8 Rock-recover-and-cross on the right & left with holds (as per counts 61-68)

Then start from the beginning