

Catahoula

拍數: 32 牆數: 2 級數: Improver
編舞者: Hazel Pace (UK)
音樂: Catahoula - The Bellamy Brothers



TOUCH, BACK, LEFT COASTER, RIGHT SHUFFLE, FORWARD TOGETHER, BACK TOGETHER

1-2 Touch right toe forward, step back on right
3&4 Step back on left, step right beside left, step forward on left
5&6 Step forward on right, step left up to right, step forward on right
7& Step forward on left, step right beside left
8& Step back on left, step right beside left

STEP, CLAP, STEP, CLAP, MAMBO FORWARD, RIGHT SHUFFLE BACK, LEFT COASTER STEP, CLAP

1&2& Step forward left, clap, step forward right, clap
3&4 Rock forward on left, recover on right, step back on left
5&6 Step back on right, step left up to right, step back on right
7&8& Step back on left, step right beside left, step forward on left, clap

SIDE ROCK CROSS, SIDE ROCK CROSS, SIDE BEHIND SIDE, CROSS ROCK ¼ TURN LEFT

1&2 Rock right to right side, recover on left, cross right over left
3&4 Rock left to left side, recover on right, cross left over right
5&6 Step right to right side, step left behind right, step right to right side
7&8 Cross rock left over right, recover on right, ¼ turn left stepping forward on left

RIGHT SHUFFLE ½ TURN LEFT, LEFT COASTER STEP, ROCK ½ TURN RIGHT, ROCK ¼ TURN LEFT

1&2 Right shuffle making ½ turn left moving back towards 9:00 on right, left, right
3&4 Step back on left, step right beside left, step forward on left
5&6 Rock forward on right, recover on left, ½ turn right stepping forward on right
7&8 Rock forward on left, recover on right, ¼ turn left stepping left to left side

Option:

7&8 Triple step ¾ turn right on left, right, left

REPEAT
