Coastin Slow



拍數: 24 編數: 4 級數: Improver

編舞者: Nancy Morgan (USA) 音樂: Steam - Ty Herndon



WALK, WALK, SIDE, TOGETHER, SIDE, TOGETHER, CROSS, TURN, SLIDE, TOGETHER

1-2 Step forward on right, step forward on left,

Put right toe to right side, put right next to left as you put left toe out to left side

&5-6 Put left next to right as you cross right over left, turn ½ turn to your left,

7-8 Step right back and diagonally to your right, put right next to left

SHUFFLE RIGHT FORWARD, STEP, ¼ TURN, COASTER STEP, TOUCH BACK, ½ TURN

1&2 Shuffle right forward (right, left, right)

3-4 Step forward on left, turn ½ turn to your right (weight ending on right)

5&6 Coaster step (step back on left, back on right, forward on left)

7-8 Touch right foot behind left

DIAGONALLY SHUFFLE FORWARD, SAILOR SHUFFLE, SAILOR SHUFFLE, KICK AND KICK AND

1&2 Shuffle forward diagonally to your left (left, right, left)

Sailor shuffle (step right behind left, step left to left side, step right foot forward)

Sailor shuffle (step left behind right, step right to right side, step left foot forward)

7&8& Put right heel forward, put right next to left as you put left heel forward, put left next to right

REPEAT