

Coast Line (West)

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jeff Goldstein (USA) & Linda Goldstein (USA)
音樂: Eat at Joe's - Suzy Bogguss



"SUGAR PUSH" ATTITUDE WITH ROCK, SWEEP, SYNC. DOUBLE TOUCH

- 1-2 Step right foot forward - step left foot forward
- 3&4 Locked shuffle right-left-right (left foot is "locked" behind right)
- 5& Step left foot forward to 11:00 - rock back on right foot to 6:00 ("attitude in hips")
- 6 Cross left over right
- 7 Sweep right toe to the left to 11:00 (keeping toe in contact with the floor)
- & Step right forward 12:00
- 8& Double touch left toe behind right heel

ROCK-POINT, STEP BACK, COASTER STEP, POINT, CROSS, POINT, CROSS

- 9 Rock back smoothly on left, simultaneously point right foot forward (right toe downward touching the floor)
- 10 Step right foot back
- 11&12 (Coaster step) left back; right together beside left; left forward
- 13-14 Point toe right 3:00; cross/step right over left 10:00
- 15-16 Point left toe 9:00; cross/step left over right 1:00

MONTERREY RIGHT, SYNC. &IN-&OUT, ¼ PIVOT-"FLICK", "ATTITUDE" ANCHOR ROCK

- 17 Point right toe to right 3:00 position
- 18 Pivot right ½ turn on ball of left foot (ends this count with weight on right; feet close together)
- &19 Step small left, step small right (feet are now less than shoulder width apart)
- &20 Step left foot small right, step right foot small left (feet end up together, weight on right)
- 21 Pivot ¼ turn right (keeping feet together) and "flick" left heel (left boot sole parallel to floor)
- 22 Step left foot forward slightly (left. Toe points left "attitude" rock, swaying left hip forward)
- 23-24 Rock ("attitude" sway hips) back-right, forward-left (weight is now committed forward on left foot)

Both feet stay on the ground on steps 22, 23, & 24

STEP ¼ LEFT, GRAPEVINE RIGHT TO "JAZZ PRESS", GRAPEVINE LEFT TO "JAZZ PRESS"

- 25 Step right foot forward (body begins to pivot ¼ turn left for the grapevine right)
- 26 Step left foot behind right (grapevine facing 6:00 from original wall)
- 27 Step right foot to right side,
- 28 Left toe touch, turning body ¼ left, and head turns another 1/8 turn left ("jazz press")
- 29 Step left foot forward (body begins to pivot ¼ turn right for the grapevine left)
- 30 Step right foot behind left (grapevine facing 6:00 from original wall)
- 31 Step left foot to left side,
- 32 Right toe touch, turning body ¼ right, and head turns another 1/8 turn right ("jazz press")

On count 32, torso faces the new wall, 9:00 from original wall

REPEAT

The dance was intended to emulate the "West Coast Swing" and uses the styling, attitude, and "slot" moves similar to the couples dance. The dance is relatively easy to do slowly, however, the challenge & difficulty increases greatly, as the dance tempo approaches 100 bpm. Be sure to take small steps where noted. Maintain line dance separation, otherwise, the "flick" may be hazardous to others. A Special Thanks to Perry & Jenny Neal for unselfishly helping and advising the choreographers to "style" this dance, correctly. We hope you have fun dancing this "sassy" West Coast Line Dance with "Attitude"!

