

The Coast Is Clearer (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Christopher Petre (USA) & Peter Metelnick (UK)
音樂: The Coast Is Clear - Scotty Emerick



Position: Begin in a Sweetheart or Cape position, start the dance with the vocals. The Man and the Lady will have identical footwork (with the exception of 2 full turns done solely by the Lady)

LEFT SIDE STEP, RIGHT DRAW TOGETHER, RIGHT ROCK BACK AND RECOVER, 1/8 RIGHT SIDE STEP, 1/8 LEFT STEP BACK, CROSS TOUCH RIGHT TOE, 1/4 RIGHT STEP RIGHT FORWARD

- 1-2 Step left to left side, drag right together keeping weight on left
- 3-4 Rock back on right behind left foot, recover weight onto left
- 5-6 Turning 1/8 left step right to right side and slightly forward, continue turning 1/8 left step back on left (you will now be facing ILOD with the lady behind the man)
- 7-8 Cross touch right toe over left (think Mr. Peanut) turn 1/4 right stepping forward on right (to face LOD)

On count 5 the man will drop the lady's left hand and raise the right hands over and in front the lady, lowering arm behind his back (between the couple) for count 7, on count 8 raise right arms and extend them forward LOD

1/4 RIGHT SIDE STEP LEFT, 1/4 RIGHT STEP BACK RIGHT, CROSS TOUCH LEFT TOE, 1/4 LEFT STEP LEFT TO LEFT SIDE

- 9-10 Turning 1/4 right step left to left side, continue to turn another 1/4 right stepping back on right (you will be facing RLOD)
- 11-12 Cross touch left over right, turn 1/4 left stepping left to left side (you will be facing OLOD, man behind the lady)

On count 9 the man raises right arm back over lady's head and will pick up the lady's left hand, on count 10 he brings the left arms over and in front of the lady (keeping both her hands in his) lowering hands in front of themselves on count 11, on count 12 the man raises both hands over the lady's head dropping the left hand Man leads the lady for a step 2 to the left walk around turn, into a right cross rock and recover

MAN'S STEPS

- 13-14 Turning left step forward on right, step left to left side (but still facing OLOD, man behind the lady)
- 15-16 Cross rock right over left, recover weight back onto left

LADY'S STEPS

- 13-14 Turning 1/2 left step back on right, turning 1/2 left step forward on left
- 15-16 Cross rock right over left, recover weight back onto left

On count 13 the man reaches his right arm over and in front of the lady, leading the lady's right arm turning to the left her to the left, on count 14 he will lead the lady's arm between them to the right and will pick up the lady's left hand on count 15 bringing the couple back into a sweetheart or cape position for the cross rock.

STEP RIGHT TO RIGHT SIDE, CROSS ROCK LEFT OVER RIGHT, RECOVER ON RIGHT, LEFT STEP LEFT TO LEFT SIDE

- 17-18 Step right to right side, cross rock on left over right
- 19-20 Recover weight back onto right, step left to left side (facing OLOD, man behind the lady)

Couple turns 1/4 left walking forward 2 steps as man leads the lady for a step 2 to the left walk around turn, stepping forward on right and touching left toe next to right

MAN'S STEPS

- 21-22 Turning left step forward on right, step forward on left to complete 1/4 to left to face LOD
- 23-24 Step forward onto right, touch left toe next to right foot

Lady's steps

- 21-22 Turning 1/2 left step back on right, turning 1/2 left step forward on left
- 23-24 Continue turning 1/4 left to face LOD and step forward onto right, touch left toe next to right foot

On count 21 the man raises his right arm over and in front of the lady, leading the lady's right arm turning to the left her to the left, on count 22 he will lead the lady's arm between them to the right and will pick up the lady's left hand on count 23 bringing the couple back into a sweetheart or cape position facing LOD

LEFT SIDE STEP, RIGHT STEP TOGETHER, LEFT FORWARD ROCK AND RECOVER, ¼ LEFT STEP LEFT TO LEFT, ¼ LEFT STEP RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT TOGETHER

25-26 Step left to left side, step right together

27-28 Rock forward on left, recover weight back on right

29-30 Turning ¼ left step left to left side, turning ¼ left step forward right (facing RLOD)

31-32 Pivot ½ left placing weight onto left foot, step right next to left

On count 27 the left hands will be extended forward, on 28 the right hands are released and the man lowers his right arm to his side while the left arms are raised, on 29 the man raises his left arm over the his head, leading the lady's left arm to the left behind his head, at 30 the left hands will be extended forward (RLOD,) on 31 he raise his left arm over and in front of the lady, leading the lady's left arm to the left, on count 32 the man will pick up the lady's right hand bringing the couple back into a sweetheart or cape position ready to start the dance again

REPEAT

Although the line dance has been choreographed with a restart, I have omitted the restart for sake of simplicity
