

Closed Doors

拍數: 32 牆數: 4 級數: Improver
編舞者: Ray Denham (UK)
音樂: Behind Closed Doors - Jane McDonald



HEEL HOOK, SHUFFLE TWICE

1-2 Touch right heel forward, hook in front of left
3&4 Shuffle forward right, left, right
5-6 Touch left heel forward, hook in front of right
7&8 Shuffle forward left, right, left

ROCK STEP, SHUFFLE ½ TURN RIGHT, FULL TURN RIGHT, SHUFFLE

1-2 Rock forward onto right, rock back onto left
3&4 Shuffle right, left, right ½ turn right
5-6 Step forward on left, complete turn right with weight on left keeping right off ground

Easier option:

5-6 Step forward on left, hitch right
7&8 Shuffle forward right, left, right

HEEL BALL CROSS TWICE, ROCK & TOUCH

1&2 Touch left heel forward, bring left back and next to right on ball of left foot, cross right over left
3&4 Touch left heel forward, bring left back and next to right on ball of left foot, cross right over left
5-6 Rock to left side on left, put weight back onto right
7-8 Step left next to right, touch right toe next to left

HEEL BALL CROSS TWICE, TURNING JAZZ BOX RIGHT

1&2 Touch right heel forward, bring right back and next to left on ball of right foot, cross left over right
3&4 Touch right heel forward, bring right back and next to left on ball of right foot, cross left over right
5-6 Cross right over left, step back on left
7-8 Step to side on right turning ¼ right, step left next to right

REPEAT
