

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Helen O'Malley (IRE)
音樂: Dancin', Shaggin' On the Boulevard - Alabama



Choreographed for the Charity CLIC-Cancer & Leukemia in Children

STEP-ROCK STEP-HIP BUMPS

- 1-4 Step forward on to left, rock back on right, step left to left side as you bump hips to left twice
5-8 Step back on right, rock forward on left, step right to right side as you bump hips to right twice

QUARTER TURNS-THREE QUARTER PIVOTS-SHUFFLE STEPS

- 9-10 Step left into quarter turn right, pivot three quarter turn to right on ball of right
11&12 Shuffle step to left side left-right-left
13-14 Step right into quarter turn left, pivot three quarter turn to left on ball of left
15&16 Shuffle step to right side right-left-right

TOE KICKS AND CROSS CHA-CHAS

- 17-18 Point left toe to right instep, kick left to left side diagonally forward
19&20 Cross left over and in front of right, small step with right to right side, small step with left to left side
21-24 Repeat above 4 counts starting with right toe

CUBAN CROSS OVER-QUARTER TURN-TOE TAPS-SHUFFLE STEPS

- 25&26& Cross left over and in front of right, step right in place, step left to left side, step right in place
27&28 Cross left over and in front of right, step right in place, quarter turn left with left
29-30 Tap right toe twice behind
31&32 Shuffle forward right-left-right

SHUFFLE TURNS (FULL TURN FULL TURNS) ALTERNATIVE STEPS-SAMBA ROLLS

- 33&34 Left shuffle step into a half turn left left-right-left
35&36 Right shuffle step into a half turn left right-left-right (completing full turn)

SIDE STEP-HOLD-FINGER C.L.I.C.S-SIDE STEPS

- 37-38&39-40 Take a long side step to left with left, hold (as you click fingers shoulder high), step right together, step left to left side, touch right toe to left instep

HIP SWAYS-KICK BALL STEPS

- 41-42 Step right to right side as you sway hips right, sway hips left
43-44 Step back on right as you sway hips back, sway hips forward weight ending on left foot
45&46 Kick right across and in front of left, step to right side on ball of right, step left beside right
47&48 Kick right across and in front of left, step to right side on ball of right, step left beside right

SHUFFLE TURNS (FULL TURNS) ALTERNATIVE STEPS-SAMBA ROLLS

- 49&50 Right shuffle step into a half turn right right-left-right
51&52 Left shuffle step into a half turn right left-right-left (completing full turn)

SIDE STEP-HOLD-FINGER C.L.I.C.S-SIDE STEPS

- 53-54&55-56 Take a long side step to right with right, hold (as you click fingers shoulder high), step left together, step right to right side, touch left toe to right instep

HIP SWAYS-PIVOT HALF TURNS

- 57-58 Step left to left side as you sway hips left, sway hips right
- 59-60 Step back on left as you sway hips back, sway hips forward weight ending on right foot
- 61-62 Step forward on left, pivot half turn right on ball of right
- 63-64 Step forward on left, pivot half turn right on ball of right

REPEAT
