

CJ Charleston

拍數: 32 牆數: 4 級數:
編舞者: "Calamity" Jane Newhard (USA)
音樂: Mama Likes To Reggae - The Bellamy Brothers



Put that "Charleston Swing" into these steps and enjoy yourself.

1 Touch right toe forward
2 Step back right
3 Touch left toe back
4 Step left forward
5 Touch right toe forward
6 Step back right
7 Step back left
8 Touch right toe back

1 Touch right toe forward
2 Step back right
3 Touch left toe back
4 Step forward left
5 Step forward right
6 Cross step left over right
7 Step back on right
8 Touch left toe back at 45 degrees angle to left

1 Step forward left
2 Touch right toe forward
3 Step back right
4 Touch left toe back
5 Step forward left
6 Cross step right over left
7 Step back left
8 Touch right toe back at 45 degrees angle to right

RIGHT SAILOR SHUFFLE, TOUCH TWICE, LEFT TURNING SAILOR SHUFFLE, STEP, ½ TURN LEFT

1&2 Step right behind left, step left on left, step forward on right
3-4 Touch left toe forward at 45 degrees angle twice
5&6 Step left behind right, step right ¼ turn to the left
7-8 Step forward on right, turn ½ turn to the left shifting weight to left foot

REPEAT