

Circle Of Life

拍數: 0 牆數: 2 級數: Improver
編舞者: Carolyn Robinson (USA)
音樂: The Circle Of Life - The Disney Stars



SECTION A

STEP, TOGETHER, STEP, TOUCH WITH CLAP (RIGHT & LEFT)

- 1-2 Side step right, step left beside right
- 3-4 Side step right, touch left beside right & clap
- 5-6 Side step left, step right beside left
- 7-8 Side step left, touch right beside left & clap

RIGHT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE RIGHT

- 1-2 Tap right heel forward twice
- 3-4 Tap right toe back twice
- 5-6 Side step right, step left slightly behind right
- 7-8 Side step right, touch left beside right

LEFT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE LEFT

- 1-2 Tap left heel forward twice
- 3-4 Tap left toe back twice
- 5-6 Side step left, step right slightly behind left
- 7-8 Side step left, touch right beside left

SIDE STEP, CLAP, TOUCH, CLAP (RIGHT & LEFT)

- 1-2 Side step right, clap
- 3-4 Touch left beside right, clap
- 5-6 Side step left, clap
- 7-8 Touch right beside left, clap

SECTION B

360 TURN LEFT WITH ARMS

- 1-2 Pivot left foot, slide right foot to begin circle left
- Right foot moves ¼ turn. Move hips around to the left, raise arms above head and circle arms to the left**
- 3-8 Repeat 1-2 three more times

STEP SLIDES X 4

- 1-2 Step left to back diagonal, slide right & touch
- 3-4 Step right to back diagonal, slide left & touch
- 5-6 Step left to back diagonal, slide right & touch
- 7-8 Step right to back diagonal, slide left & step down

SMALL LEAPS FORWARD

- 1-2 Angle toward left diagonal, side step right, step left beside right
 - 3-8 Repeat 1-2 three more times
- Use your arms to as an animal's paws to help show a leaping motion**

TOE HEEL STRUTS (MOVING RIGHT & FACING 12:00)

- 1-2 Side step right toe, slap right heel down
- 3-4 Cross step left toe, slap left heel down (in front of right)
- 5-6 Side step right toe, slap right heel down
- 7-8 Cross step left toe, slap left heel down (in front of right)

RIGHT HITCH, LEFT HITCH, RIGHT HITCH TWICE

- 1-2 Hitch right foot right, step right
- 3-4 Hitch left foot left, step left
- 5-6 Hitch right foot right, touch right
- 7-8 Hitch right foot right, step right

LEFT HITCH, LEFT HITCH, LEFT HITCH TWICE

- 1-2 Hitch left foot left, step left
- 3-4 Hitch right foot right, step right
- 5-6 Hitch left foot left, touch left
- 7-8 Hitch left foot left, step left

HALF TURN LEFT WITH ARMS

- 1-2 Pivot left foot, slide right foot to begin half circle left 1/8 turn
- Move hips around to the left. Raise arms above head and circle arms to the left**
- 3-8 Repeat 1-2 three more times (6:00)

STEP SLIDES X 4

- 1-2 Step left to back diagonal, slide right & touch
- 3-4 Step right to back diagonal, slide left & touch
- 5-6 Step left to back diagonal, slide right & touch
- 7-8 Step right to back diagonal, slide left & step down

Repeat one more time, then:

STEP, TOGETHER, STEP, TOUCH WITH CLAP (RIGHT & LEFT)

- 1-2 Side step right, step left beside right
- 3-4 Side step right, touch left beside right & clap
- 5-6 Side step left, step right beside left
- 7-8 Side step left, touch right beside left & clap

RIGHT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE RIGHT

- 1-2 Tap right heel forward twice
- 3-4 Tap right toe back twice
- 5-6 Side step right, step left slightly behind right
- 7-8 Side step right, touch left beside right

LEFT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE LEFT

- 1-2 Tap left heel forward twice
- 3-4 Tap left toe back twice
- 5-6 Side step left, step right slightly behind left
- 7-8 Side step left, touch right beside left

SIDE STEP, CLAP, TOUCH, CLAP (RIGHT & LEFT)

- 1-2 Side step right, clap
- 3-4 Touch left beside right, clap
- 5-6 Side step left, clap
- 7-8 Touch right beside left, clap

STEP, TOGETHER, STEP, TOUCH WITH CLAP (RIGHT & LEFT)

- 1-2 Side step right, step left beside right
 - 3-4 Side step right, touch left beside right & clap
 - 5-6 Side step left, step right beside left
 - 7-8 Side step left, touch right beside left & clap
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