

Circle Of Life

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Doug Miranda (USA) & Jackie Miranda (USA)
音樂: Circle of Life - Ronan Keating



ROCK BACK, RECOVER, FULL TURN FORWARD RIGHT, STEP LOCK FORWARD, TRIPLE ½ TURN

- 1-2 Cross/rock right behind left, recover weight to left
3-4 Turn ½ turn left as you step back on right, turn ½ turn left as you step forward on left (you will be traveling forward)
5&6 Step lock forward right, left, right
7&8 Step left forward, pivot ½ turn right on balls of both feet weight ending forward on right, step left forward

CROSS ROCK, RECOVER, ½ TURN RIGHT TRIPLE STEP, CROSS ROCK, RECOVER, FULL TURN LEFT TRIPLE STEP

- 1-2 Cross rock right in front of left, recover weight back on left
3&4 Make a ½ turn right as you triple in place right left, right,
5-6 Cross rock left in front of right, recover weight back on right
7&8 Make a full turn left over left shoulder as you triple step left, right, left

HITCH, STEP SIDE, ROCK BEHIND, RECOVER; STEP SIDE, ROCK BEHIND, RECOVER, ¾ TURN RIGHT, ½ TURN RIGHT SHUFFLE

- &1-2& Hitch hook right behind left, take a long step to right on right, drag left towards right and step down on left behind right, recover on right
3-4& Take a long step to left on left, drag right towards left and step down on right behind left, recover on left
5-6 Turn ¼ right and step forward on right, turn ½ turn right and step back on left (you will have made a ¾ turn right)
7&8 Turn ½ right shuffling forward right, left, right

ROCK FORWARD, RECOVER, STEP LOCK BACK, TOUCH BACK, ½ TURN RIGHT UNWIND, ½ TURN RIGHT TRIPLE BACK

- 1-2 Rock left forward, recover back on right
3&4 Step lock back left, right, left
5-6 Touch right back behind left, unwind ½ turn right (weight ending on right)
7&8 While making ½ turn right, triple back left, right, left

REPEAT

ENDING

To end facing the front wall, you will dance set 1 and counts 1-6 of set 2 replacing counts 7&8 with a ½ turn to the left as you triple left, right, left. Finish with a long step to the right on your right foot keeping your left toes pointing to left side as you slowly raise both arms from sides upward and then back down crossing over chest