

# Cindy's M Hustle

**COPPER** **KNOB**  
BY STEPHEN HETS

拍數: 64      牆數: 4      級數: Intermediate straight rhythm  
編舞者: Cindy Hall (USA) & GYTAL (USA)  
音樂: Show Up Naked, Bring Beer - Kasey Jones



## LEFT SIDE TOUCHES, RIGHT SIDE TOUCHES

1-4      Touch left toe to side, touch left together, touch left toe to side, step left together  
5-8      Touch right toe to side, touch right together, touch right toe to side, step right together

## HEEL SPLIT, HEEL SPLIT, ¼ RIGHT TURN, STEP TOUCH

9-12      Swivel heels apart, together, apart, together  
13-16      Turn ¼ right and step right forward, touch left toe together, step left to side, touch right toe together

## VINE RIGHT WITH TOUCH VINE LEFT WITH TOUCH VINE RIGHT WITH TOUCH

17-20      Step right to side, cross left behind right, step right to side, touch left toe together  
21-24      Step left to side, cross right behind left, step left to side, touch right toe together  
24-28      Repeat 17-20

## HEEL FORWARD, TOE TO SIDE, FOOT BEHIND SLAP HEEL, STEP

29-32      Touch left heel forward, touch left toe to side, hook left behind right (slap left heel with right hand), step left together  
33-36      Touch right heel forward, touch right toe to side, hook right behind left (slap right heel with left hand), step right together  
37-44      Repeat 29-36

## HEEL FORWARD, STEP, OPPOSITE TOE BACK SCUFF, HEEL FORWARD STEP, TOE BACK STEP

45-48      Touch left heel forward, step left together, touch right toe back, scuff right forward  
49-52      Touch right heel forward, step right together, touch left toe back, step left together

## SWIVEL HEELS LEFT, CENTER, SWIVEL HEELS LEFT CENTER

53-56      Swivel heels left, center, left, center

## SWIVEL HEELS RIGHT, CENTER, SWIVEL HEELS RIGHT, CENTER

57-60      Swivel heels right, center, right, center

## HEEL SPLIT, HEEL SPLIT

61-64      Swivel heels apart, together, apart, together

## REPEAT

Cindy passed on in Oct 06, this is the original Manitoba Hustle as we choreographed it