

Cindy's M Hustle

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate straight rhythm
編舞者: Cindy Hall (USA) & GYTAL (USA)
音樂: Show Up Naked, Bring Beer - Kasey Jones



LEFT SIDE TOUCHES, RIGHT SIDE TOUCHES

1-4 Touch left toe to side, touch left together, touch left toe to side, step left together
5-8 Touch right toe to side, touch right together, touch right toe to side, step right together

HEEL SPLIT, HEEL SPLIT, ¼ RIGHT TURN, STEP TOUCH

9-12 Swivel heels apart, together, apart, together
13-16 Turn ¼ right and step right forward, touch left toe together, step left to side, touch right toe together

VINE RIGHT WITH TOUCH VINE LEFT WITH TOUCH VINE RIGHT WITH TOUCH

17-20 Step right to side, cross left behind right, step right to side, touch left toe together
21-24 Step left to side, cross right behind left, step left to side, touch right toe together
24-28 Repeat 17-20

HEEL FORWARD, TOE TO SIDE, FOOT BEHIND SLAP HEEL, STEP

29-32 Touch left heel forward, touch left toe to side, hook left behind right (slap left heel with right hand), step left together
33-36 Touch right heel forward, touch right toe to side, hook right behind left (slap right heel with left hand), step right together
37-44 Repeat 29-36

HEEL FORWARD, STEP, OPPOSITE TOE BACK SCUFF, HEEL FORWARD STEP, TOE BACK STEP

45-48 Touch left heel forward, step left together, touch right toe back, scuff right forward
49-52 Touch right heel forward, step right together, touch left toe back, step left together

SWIVEL HEELS LEFT, CENTER, SWIVEL HEELS LEFT CENTER

53-56 Swivel heels left, center, left, center

SWIVEL HEELS RIGHT, CENTER, SWIVEL HEELS RIGHT, CENTER

57-60 Swivel heels right, center, right, center

HEEL SPLIT, HEEL SPLIT

61-64 Swivel heels apart, together, apart, together

REPEAT

Cindy passed on in Oct 06, this is the original Manitoba Hustle as we choreographed it