

# The Cinderella

**COPPER** KNOB  
STEPSHEETS

拍數: 80      牆數: 2      級數: Intermediate  
編舞者: Judy J. Lee (USA) & Cathy Lee  
音樂: It's Midnight Cinderella - Garth Brooks



## HEEL SWIVELS

1-2      With feet together, swivel heels right, center  
3-4      With feet together, swivel heels right, center

5-6      Swivel heels left, center  
7-8      Swivel heels left, center.

9-10      Swivel heels right, left  
11-12      Swivel heels right, left

## FORWARD SHUFFLE; ½ TURN

13&14      Step forward on right; step left together; step forward on right  
15-16      Step forward on right; pivot ½ turn left, switching weight to right  
17- 18      Step forward on right; pivot ½ turn to left (switching weight to right foot)

19&20      Step forward on right; step left together; step forward on right  
21-22      Step forward on right; pivot ½ turn left, switching weight to right  
23-24      Step forward on right; pivot ½ turn to left (switching weight to right foot)

## KNEE POPS

25      Lift right knee slightly so that right knee pops forward  
26      Lower right heel and lift left heel so that left knee pops forward  
27      Lift right knee slightly so that right knee pops forward  
28      Lower right heel and lift left heel so that left knee pops forward  
29      Lift right knee slightly so that right knee pops forward  
30      Lower right heel and lift left heel so that left knee pops forward  
31      Lift right knee slightly so that right knee pops forward  
32      Lower right heel and lift left heel so that left knee pops forward

## JUMPS

33      Jump back landing on left foot with right heel extended diagonally forward  
34      Jump bringing feet together  
35      Jump back landing on right foot with left heel extended diagonally forward  
36      Jump bringing feet together  
37      Jump back landing on left foot with right heel extended diagonally forward  
38      Jump bringing feet together  
39      Jump back landing on right foot with left heel extended diagonally forward  
40      Jump bringing feet together

## JUMP TURN

41      Jump landing with feet apart  
42      Jump landing with right foot crossed over left  
43      Unwind legs, making ½ turn to the left  
44      Clap hands

## SHOULDER ROLLS

45-46 Roll right shoulder back  
47-48 Roll left shoulder back

### **STRUT STEPS**

49-50 Step forward on ball of right foot; lower right heel  
51-52 Step forward on ball of left foot; lower left heel  
53-54 Step forward on ball of right foot; lower right heel  
55-56 Step forward on ball of left foot; lower left heel

### **TOE, HEEL, STEP, CLAP**

57-58 Touch right toe next to left foot; tap right heel forward  
59-60 Step right foot across left; hold and clap hands  
  
61-62 Touch left toe next to right foot; tap left heel forward  
63-64 Step left foot across right; hold and clap hands

### **KICK AND STEP BACK**

65-66 Kick right foot forward; step back on right foot  
67-68 Kick left foot forward; step back on left foot  
69-70 Kick right foot forward; step back on right foot  
71-72 Kick left foot forward; step back on left foot

### **STEP DRAGS**

73-74 Step right foot forward; drag left foot next to right  
75-76 Step right foot forward; drag left foot forward and scuff past right  
77-78 Step left foot forward; drag right foot next to left  
79-80 Step left foot forward; stomp right foot next to left

### **REPEAT**

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