Cinderela



編舞者: Anita Ludlow (UK)

音樂: Cinderella - Lionel Richie



STEP, STEP, FLICK, TWICE. CROSS, STEP, CROSS, STEP, CROSS, STEP, CROSS

1&2-3&4 Step small step forward left, step small step forward right. Step small step forward left & flick

right foot back. Repeat on reverse

5&6&7&8 Cross left over right, step right to right side (repeat two more times) cross left over right

MAMBO ROCKS FORWARD & BACK, MAMBO ROCK FORWARD WITH HALF TURN, PIVOT TURNS. COASTER

9&10&11&12 Rock forward on right, recover weight on left, rock back on right, recover weight on left, rock forward on right, recover weight on left at same time swivel on ball of left half turning right, step forward on right

13&14&15&16 Step forward on left half turn right stepping on right (count 13&) step forward on left, swivel on ball of left half turning right swing right leg around in preparation for coaster step. (count 14&). Coaster step by stepping back on right, step left next to right, step forward on right

TOUCH OUT/IN/OUT. CROSS SHUFFLE. STEP TOGETHER. CHASSE

17&18-19&20 Keeping weight on right touch left toe to left side, touch left toe next to right, touch left toe to left side. Cross shuffle by stepping left across right, step right to right side, step left across right

21-22-23&24 Step right to right side, step left next to right. Chasse to right by stepping right to right side, left next to right, right to right side

1/4 TURN RIGHT WITH STEP TAP, STEP TAP TWICE, CHASSE RIGHT

25-26-27-28 Qtr turn right as you step on to left, tap right foot next to left. Step left to left side, tap right foot next to left.

29-30-31&32 Step right to right side, tap left foot next to right. (give the above 6 counts a really Latin feel by using the hips with the step taps in a circular motion) chasse right by stepping right to right side, step left next to right, step right to right side.

REPEAT