

Ciao

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ann Wood (UK)
音樂: Ciao! - The Beautiful South



TOUCH KICK, COASTER STEP, STEP TWICE

1& Touch right toe to left instep, kick right foot forward
2&3 Step back on right, step left beside right, step forward on right
4 Step forward on left
5-8 Repeat steps 1-4

STEP LOCK STEP TWICE FORWARD MAMBO, BACK MAMBO

1&2 Step right forward, cross left behind right, step right forward
3&4 Step left forward, cross right behind left, step left forward
5&6 Rock forward on right, recover back onto left, step right beside left
7&8 Rock back on left, recover forward on right, step left beside right

¼ MONTEREY TURN, BEHIND SIDE HEEL, RIGHT & LEFT HEEL SWITCHES STEP ¼ PIVOT

1&2 Point right to right side, make ¼ turn right stepping down on right, point left to left side
3&4 Step left behind right, step right to right side, touch left heel forward
&5&6 Step left beside right, touch right heel forward, step down on right, touch left heel forward
&7-8 Step left beside right, step forward right, pivot ¼ turn left

CROSS ROCK SIDE TWICE, WEAVE TO LEFT WITH ¼ TURN, STEP ½ PIVOT TOUCH

1&2 Cross rock right over left recover onto left, step right beside left
3&4 Cross rock left over right recover onto left step left beside right
5&6& Cross step right over left, step left to left side, step right behind left, make ¼ turn left stepping left forward
7&8 Step forward on right, pivot ½ turn left, touch right foot beside left

CROSS ROCK SIDE, CROSS SHUFFLE, CHASSE RIGHT, CROSS ROCK SIDE

1&2 Cross rock right over left, recover onto left, step right beside left
3&4 Cross left over right, step right to right side, cross step left over right
5&6 Step right to right side, step left beside right, step right to right side
7&8 Cross left over right, recover onto right, step left beside right

STEP TOUCH, STEP TOUCH ¼ TURN RIGHT, FORWARD SHUFFLE, FORWARD TOUCH, BACK TOUCH, STEP ½ PIVOT STEP

1&2& Step right to right side, touch left beside right, step left to left side, touch right beside left
3&4 Make ¼ turn right and shuffle forward stepping right, left, right
5&6& Step forward on left, touch right beside left, step back on right, touch left beside right
7&8 Step forward on left, pivot ½ turn right, step forward on left

STEP ¼ PIVOT LEFT, CROSS SHUFFLE, SIDE ROCK, SAILOR ¼ TURN

1-2 Step right forward, pivot ¼ turn left
3&4 Cross step right over left, step left to left side, cross step right over left
5-6 Rock left to left side, recover onto right
7&8 Step left behind right, step right to right side, make ¼ turn left stepping forward on left

RIGHT & LEFT FORWARD HIP BUMPS, POINT HITCH ¼ TURNS X 3 POINT

1&2 Step forward on right bumping hips, forward, back, forward
3&4 Step forward on left bumping hips, forward, back, forward

- &5&6 Point touch right toe to right, hitch right foot making $\frac{1}{4}$ turn left, point touch right toe to right side, hitch right foot making $\frac{1}{4}$ turn left
- &7&8 Point touch right toe to right side hitch right foot making $\frac{1}{4}$ turn left, point touch right toe to right side

REPEAT
