

# Chug-A-Lug

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rick Bates (USA) & Deborah Bates (USA)  
音樂: My Baby Thinks She's A Train - The Dean Brothers



## STEP-SLIDES, SYNCOPATED STEP-SLIDES

- 1-2            Step forward on right foot; slide left foot up next to right and step  
3&4           Step forward on right foot; slide left foot up next to right and step, step forward on right foot  
5-6           Step forward on left foot; slide right foot up next to left and step  
7&8           Step forward on left foot; slide right foot up next to left and step, step forward on left foot

## ROMP, TOE TAP, SIDE STEP, HEEL TOUCH, STEP, MILITARY PIVOT TO THE LEFT

- &9            Step ball of right foot back and diagonally right; touch left heel forward  
&10           Step left foot back to home; touch right foot next to left  
11-12        Twist body a  $\frac{1}{4}$  turn to the right (to the right) and tap right toe behind left; twist body a  $\frac{1}{4}$  turn to the right (to the left) and step to the right on right foot  
13-14        Twist body a  $\frac{1}{4}$  turn to the left (to the left) and touch left heel forward, twist body a  $\frac{1}{4}$  turn to the right (to the right) and step left foot next to right  
15-16        Step forward on right foot; pivot  $\frac{1}{2}$  turn to the left on ball of right foot and shift weight to left foot

## SYNCOPATED VINE RIGHT, STOMP, STEP, BEHIND, PIVOT, FORWARD SHUFFLE

- 17-18        Step to the right on right foot; cross left foot behind right and step  
&19        Step to the right on right foot; cross left foot over right and step  
20            Stomp to the right on right foot  
21-22        Step to the left on left foot; cross right foot behind left and step  
&            Pivot  $\frac{1}{4}$  turn to the left on ball of right foot  
23&24        Shuffle forward (left, right, left)

## MILITARY PIVOT TO THE LEFT, FORWARD WALK, SWINGING HIPS

- 25-26        Step forward on right foot; pivot  $\frac{1}{2}$  turn to the left on ball of right foot and shift weight to left foot  
27-28        Step forward on right foot; step left foot next to right  
29-30        Swing hips to the right, twist downward swiveling knees to the left, swing hips to the left, continue twisting downward swiveling knees to the right  
31-32        Swing hips to the right, twist upward swiveling knees to the left, swing hips to the left, continue twisting downward swiveling knees to the right

## REPEAT

---