Chuckwagon Cha-Cha



拍數: 44 牆數: 0 級數:

編舞者: Anita Russell & Carol Russell

音樂: You're Gonna Ruin My Bad Reputation - Ronnie McDowell



1-3	Grapevine to the left
4	Hitch with the right
5-7	Grapevine to the right
8	Hitch with the left while making a ¼ turn to the right
9	Rock forward on the left
10	Rock back on the right
11-12	Step back on the left with a cha-cha step (left-right-left) *
13	Rock back on the right
14	Rock forward on the left
15-16	Step forward on the right with a cha-cha step (right-left-right)
17	Rock forward on the left
18	Rock back on the right
19-20	Step back on the left with a cha-cha step (left-right-left)
21	Rock back on the right
22	Rock forward on the left
23-24	Step forward on the right with a cha-cha step (right-left-right)
25	Step forward on the left
26	Stomp with the right
27-28	Right squiggle **
29-30	Right squiggle
31	Tap right heel forward
32	Tap right toe back
33	Tap right heel forward
34	Bring right foot back to position next to left foot
35	Tap left heel forward
36	Tap left toe back
37	Tap left heel forward
38	Bring left foot back to position next to right foot
39-40	Pigeon toe ***
41-42	Pigeon toe
43	Tap left heel forward
44	Hitch with the left

REPEAT

*Cha-cha step is 3 steps done in 2 beats of music (also counted as cha-cha-cha)

^{**}Squiggle = With feet together, put your weight on your toes and swing your heels out, keeping them together, in the direction indicated (beat 1), then swing your heels back to position (beat 2).

^{***}Pigeon Toe = With feet together, put your weight on your toes and spread your heels apart (beat 1), then bring your heels back together (beat 2). If you feel like you're knock-kneed, then you did it right.