

Chrome

拍數: 32 牆數: 4 級數: Improver
編舞者: Glenda Ortiz Harney (USA)
音樂: Chrome - Trace Adkins



KICK STEP TOUCHES X 3-¼ TURN COASTER

1&2 Kick right-step on right-touch left to left side
3&4 Kick left-step on left-touch right to right side
5&6 Kick right-step on right-touch left to left side
7&8 Step left behind right turning ¼ to left-step right-step left

SIDE ROCK-BEHIND & FRONT-SIDE ROCK-BEHIND & FRONT

1-2 Rock right to right side-recover onto left
3&4 Step right behind left-step left to left side-step right over left
5-6 Rock left to left side-recover onto right
7&8 Step left behind right-step right to right side-step left over right

SIDE ROCK-¼ TURN-TRIPLE RIGHT-FORWARD ROCK-COASTER

1-2 Rock right to right side-recover onto left turning ¼ to left
3&4 Triple forward right (right-left-right)
5-6 Rock forward left-recover back onto right
7&8 Back left-right steps beside left-step forward left

RIGHT KICK-BALL-STEP-RIGHT KICK-BALL-STEP-STEP-¼-HIPS RIGHT-LEFT

1&2 Kick right-step forward on right-step forward left
3&4 Kick right-step forward on right-step forward left
5-6 Step forward right-pivot ¼ to left throwing hip left
7-8 Throw hips to right-throw hips to left

REPEAT

RESTARTS

When done to "chrome" do the dance thru 2 complete times then on 3rd start (facing back wall) do only the first 16 counts and start dance again. Do dance thru 3 more times and at end of dance on 3rd time (facing front wall now) add hips right-left-right-left (4 counts) and start again and finish till end of music.