

Christmas Strut

拍數: 32 牆數: 4 級數: Improver
編舞者: Joy Ashton (UK)
音樂: Sexy Little Christmas Thang - Scooter Lee



TOE STRUT FORWARD

1-2 Touch right toe forward, drop right heel taking weight on right
3-4 Touch left toe forward, drop left heel taking weight on left
5-6 Touch right toe forward, drop right heel taking weight on right
7-8 Touch left toe forward, drop left heel taking weight on left

ROCK STEP, SHUFFLES ½ TURNS RIGHT (TRAVELING BACK) X 3

9-10 Step forward right, rock back on left
11&12 Shuffle ½ turn right, stepping - right, left, right
13&14 Shuffle ½ turn right, stepping -left, right, left
15&16 Shuffle ½ turn right, stepping - right, left, right

Steps 11-16 move you towards the back wall

Variation: you can replace steps 13-16 with shuffles forward, no turns

ROCK STEP, COASTER STEP, MONTEREY TURN

17-18 Rock forward on left, rock back onto right
19&20 Step back left, close right beside left, step forward left
21 Touch right toe out to right side - (keep weight on left)
22 Pivot ½ turn to right, place right foot next to left (weight on right)
23 Touch left toe out to left side (weight on right)
24 Return left foot next to right, taking weight on left

MONTEREY TURN, ROCK STEP, STEP ¼ TURN RIGHT, STOMP LEFT

25 Touch right toe out to right side - (keep weight on left)
26 Pivot ½ turn to right, place right foot next to left (weight on right)
27 Touch left toe out to left side - (weight on right)
28 Return left foot next to right, taking weight on left
29-30 Cross right over left, rock back onto left
31-32 Step right making ¼ turn right, stomp left beside right

REPEAT
