

Choices

拍數: 32 牆數: 4 級數: Intermediate nightclub
編舞者: Bill Ray (USA)
音樂: Choices - George Jones



LEFT FORWARD ½ BOX, ROCK-RECOVER-CROSS (2X), RIGHT BACK ½ BOX

1&2 Step to left on left, step right beside left, step forward left
3&4 Rock right on right, recover on left, cross right over left
5&6 Rock left on left, recover on right, cross left over right
7&8 Step to right on right, step left beside right, step back on right

ROCK-CROSS-¼ TURNS LEFT (2X), SIDE-CROSS-SIDE, CROSS-RECOVER - ¼ TURNS LEFT (2X), SIDE-CROSS-SIDE

1&2 Rock back on left, cross right over left, turn ¼ turn left on right foot stepping forward on left
3&4 Turn ¼ left on left stepping right on right, cross left behind right, step right on right
5&6 Cross left over right, recover on right, turn ¼ left on right stepping forward on left
7&8 Turn ¼ left on left stepping right on right, cross left behind right, step right on right

SYNCOPATED ½ TURN RIGHT, ¼-½-¼ TURNS LEFT, COASTER ¼ TURN LEFT, ROCK-RECOVER-½ TURN RIGHT

1&2 Step forward on left, pivot ½ turn right shifting weight on right, step forward left
3&4 Turn ¼ left on left stepping right to right, turn ½ turn left (reverse turn) on right stepping left to left, turn ¼ turn left on left stepping right forward
5&6 Swing left foot in a circle to the left behind right foot stepping down on left foot and turning ¼ turn left, step right foot beside left foot, step forward on left foot
7&8 Rock forward on right foot, recover on left, turn ½ turn right on left stepping forward on right

¼-½-¼ TURNS RIGHT, TRIPLE STEP FORWARD, CROSS LUNGE-RECOVER-SIDE (2X)

1&2 Turn ¼ right on right stepping left to left, turn ½ turn right (reverse turn) on left stepping right to right, turn ¼ right on right stepping left forward
3&4 Step forward on right, step left beside right, step forward on right
5&6 Step left (across) diagonally right (long step) bending right knee, recover on right, step (long step) left on left
7&8 Step right (across) diagonally left (long step) bending left knee, recover on left, step (long step) right on right

REPEAT

TAG

After each repetition of the dance (except the 3rd repetition), dance the following:

1-2 Step left beside right swaying hips to left, step right beside left swaying hips to right

RESTART

After the 3rd repetition of the dance, dance the first 16 counts, then restart the dance with count 1