

# Choices

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Lynn Gannon (UK)  
音樂: Find out Who Your Friends Are - Tracy Lawrence



## **SWEEP FORWARD, ¼ TURN RIGHT, HIP BUMPS, ¼ TURN RIGHT, LOCK STEP**

- 1-2      Sweep forward on right foot, sweep forward on left foot
- 3-4      Sweep forward on right foot, turn ¼ turn right, stepping left foot to left side and bump hips to left
- &5      Bump hips right and left
- 6      Turn ¼ turn right, stepping slightly forward on right
- 7&8      Left lock step forward

## **SWEEP FORWARD, ROCK ¼ TURN, ROCK ¼ TURN, STEP TURN**

- 1-2      Sweep forward on right foot, sweep forward on left foot
- 3&4      Rock forward on right foot, step on left foot, turn ¼ turn right stepping right foot to right side
- 5&6      Rock forward on left foot, step on right foot, step forward on left foot ¼ turn left
- 7-8      Step forward on right pivot ½ turn left

## **KICK STEP FORWARD, STEP FORWARD, ¼ TURN, HIP BUMPS, ¼ TURN, STEP LOCK**

- 1&2&      Kick right foot forward, step on right foot, kick left foot forward, step on left foot (travel slightly forward with these steps)
- 3      Step forward on right foot
- 4&5      Turn ¼ turn right stepping left to left side, bumping hips left, bump hips right then left
- 6      Turn ¼ turn right stepping forward on right
- 7&8      Left lock step forward

## **¼ TURN LEFT, ROCK STEP, BEHIND AND CROSS, ¼ TURN TWICE, STEP FORWARD**

- 1      Turn ¼ turn left stepping right foot to right side
- 2&3      Rock back on left foot, step on right foot, step left foot to left side
- 4&5      Step right foot behind left, step left to left side, cross right foot over left
- 6-7      Turn ¼ turn right stepping back on left foot, turn ¼ turn right stepping right foot to right side
- 8      Step slightly forward on left foot

## **REPEAT**

This dance is dedicated to my Dad and Carol Robinson for always being there for us

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