

Chix

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Gloria Johnson (USA)
音樂: Country City Girl - Cherie



STROLL STEP WITH ½ TURN, STROLL STEP WITH ¼ TURN

- 1-2 Step right forward, lock-step left foot behind right heel
3-4 Step right forward, swing around ½ turn right keeping weight on right
5-6 Step left forward, lock-step right foot behind left heel
7-8 Step left forward, swinging around ¼ turn left, touch right toe beside left foot

FOUR SAILOR SHUFFLES

- 9&10 Cross-step right behind left, step on left, step on right
11&12 Cross-step left behind right, step on right, step on left
13&14 Cross-step right behind left, step on left, step on right
15&16 Cross-step left behind right, step on right, step on left

¾ TURN, SHUFFLE FORWARD, ROCK-STEP SHUFFLE BACKWARD

- 17-18 Turning ¼ left, step back on right, turning ½ left, step left forward
19&20 Step right forward, step left together, step right forward
21-22 Rock-step left forward, rock back onto right
23&24 Step left back, step right together, step left back

HEEL JACKS

- &25 Step back on right, cross-step left over right
&26 Step back on right, tap left heel diagonally forward
&27 Step back on left, cross-step right over left
&28 Step back on left, tap right heel diagonally forward
29-30 Step right forward, pivot ½ turn left onto left foot
31-32 Step right forward, pivot ½ turn left onto left foot

SHUFFLE FORWARD, ROCK-STEP, SHUFFLE BACKWARD, ROCK-STEP

- 33&34 Step right forward, step left together, step right forward
35-36 Rock-step left forward, rock back onto right
37&38 Step left back, step right together, step left back
39-40 Rock-step right back, rock forward onto left

½ TURNING SHUFFLE, ROCK-STEP, ½ TURNING SHUFFLE, ROCK-STEP

- 41&42 Turning ¼ left, step on right, step left together, turning ¼ left, step on right
43-44 Rock-step left back, rock forward onto right
45&46 Turning ¼ right, step on left, step right together, turning ¼ right, step on left
47-48 Rock-step right back, rock forward onto left

REPEAT
