

Chit Chat

拍數: 44 牆數: 4 級數:
編舞者: Nancy Thompson Verbruyck (USA)
音樂: If the House Is Rockin' - Lee Roy Parnell



HEEL, HEEL, TOE, TOE

1-2 Tap right heel forward twice.
3-4 Tap right toe back twice.

HEEL, HOLD, TOE, HOLD

5-6 Tap right heel forward, hold for one beat.
7-8 Tap right toe back, hold for one beat.

THE DWIGHT

9-10 With weight on left foot swivel left heel to right while touching right toe in home position, swivel left toe to right while touching right heel in home position (replace toe with heel).
11-12 Swivel left heel to right while touching right toe in home position, swivel left toe to center while touching right heel in home position (replace toe with heel)

SCOOT BACK (3 STOOGES SCOOT)

&13&14 With right knee bent and foot off floor scoot back on left foot, tap tip of right toe behind left foot, with right knee bent and foot off floor scoot back on left foot, tap tip of right toe back and to the right (back right diagonal).
&15&16 With right knee bent and foot off floor scoot back on left foot, tap tip of right toe behind left foot, with right knee bent and foot off floor scoot back on left foot, tap tip of right toe back and to the right (back right diagonal).

SHUFFLE, ROCK, STEP

17&18 Shuffle forward right, left, right.
19-20 Step forward onto left foot and rock, step back (replace wgt) onto right foot.

½ TURN, SHUFFLE, SCOOT, SCOOT

&21&22 Make a ½ turn to the left, shuffle forward left, right, left.
&23-24 Bring right foot up parallel to left with feet slightly apart, scoot forward on both feet twice.

ELVIS KNEES

25-26 Turn left knee inward, turn right knee inward while straightening left knee.
27-28 Turn left knee inward while straightening right knee, turn right knee inward while straightening left knee.

SHUFFLE, ROCK, STEP

29&30 Shuffle to right side right, left, right.
31-32 Rock back onto left foot, step forward onto right foot.

SHUFFLE WITH ¾ TURN, WALK, WALK

33&34 Shuffle in place making a ¾ turn to the right, left, right, left.
35-36 Step forward onto right foot, step forward onto left foot.

STOMP, STOMP, SNAP, SNAP

37-38 Stomp right foot twice.
39-40 Extend both arms straight forward and snap fingers twice

HIP ROLL

41-44

Roll hips to the right for 4 beats (right to left to right to left)(weight ends on left foot).

REPEAT
