

Chillax Max

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 0 級數:
編舞者: Kathy Hunyadi (USA)
音樂: Relax Max - Dinah Washington With Quincy Jones & Orchestra



Sequence: Start on word "..lax", 2 walls Cha, 1 wall Merengue, 2 walls Cha, 1 wall Merengue (extra vines), Cha to end of song

CHA SIDE, TOGETHER, FORWARD, CHA-CHA SIDE, CROSSOVER BREAK, CHA-CHA SIDE LEFT INTO ¼ TURN LEFT

1-2-3 Step left to side, step right together with left, step left forward
4&5 Step right to side, step left beside right, step right to side with toes turned out (TTO)
6-7 Rock left forward & across right (you will be about 1/8 turn right), recover weight to right
8&1 Step left to side, step right beside left, turn ¼ left and step forward on left

WALK AROUND TURN, ¼ TURN TRIPLE, CROSSOVER BREAK, SIDE, TOGETHER, FORWARD

2-3 Step forward right, turn ½ left (weight to left)
4&5 Turn ¼ left as you cha-cha side right stepping right, left, right (TTO)
6-7 Rock forward and across right with left foot, recover weight to right
8&1 Step left to side, step right beside left, step left forward

ROCK, ½ TURN TRIPLE, ROCK, ½ TURN, STEP, TOGETHER

2-3 Rock forward on right, recover weight to left
4&5 Turn ½ right as you triple step forward stepping right, left, right
6-7 Rock forward on left, recover weight to right
8& Turn ½ left and step left forward, step right beside left

STEP FORWARD, ¼ TURN RIGHT X 3, STEP TOGETHER, HEELS UP & DOWN

1-2 Step forward on left, turn ¼ to right (weight to right)
3-4 Repeat counts 1-2
5-6 Repeat counts 1-2
7&8 Step left beside right, lift both heels up (weight on balls of feet), lower both heels (weight on right)

REPEAT

MERENGUE

Traveling to left

1-8 Side, together, side, together, side, together, side, touch

Traveling to right

9-16 Repeat 1-8 on opposite feet
17-20 Walk forward left, right, left, touch right out to side
21-24 Walk back right, left, right, touch left beside right
25-28 Vine left with a touch
29-32 Vine right with a touch

The second time you do Merengue add an additional vine left, vine right