

Chicken Run

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Beginner
編舞者: Pat Stott (UK)
音樂: Ain't Nobody Here But Us Chickens - Asleep at the Wheel



GRAPEVINE RIGHT, CLOSE, PIGEON TOES TWICE, SIDE, BEHIND, ¼ TURN LEFT, CLOSE, BOUNCE HEELS TWICE, ROCK BACK ON BOTH HEELS, LOWER TOES

- 1-4 Step right to right, cross left behind right, step right to right, close left to right
5-8 Split both heels apart, close, split both heels apart, close (raising elbows to the sides on each split)
9-12 Step left to left, cross right behind left, turn ¼ to left stepping forward on left, close right to left
&13&14 Raise both heels, lower, raise both heels, lower
15-16 Rock back on both heels swinging arms up with palms facing forward (who!), lower toes and bring arms down

TOE STRUT, TOE STRUT, KICK, KICK, BACK, TOUCH, FORWARD, TOUCH & CLAP, BACK, TOUCH & CLAP FORWARD, CLOSE, ¼ TURN LEFT, SCUFF

- 17-20 Right toe forward, lower heel (taking weight), left toe forward, lower heel (taking weight)
21-24 Kick right forward twice, step back on right, touch left toe across and in front of right
25-26 Step diagonally forward on left, touch right toe beside left and clap hands
27-28 Step diagonally back on right, touch left next to right and clap hands
29-32 Step forward on left, close right to left, turning ¼ to left step forward on left, scuff right next to left

REPEAT
