

Chicken Rodeo

拍數: 0 牆數: 1 級數: Intermediate
編舞者: Cato Larsen (NOR)
音樂: Chicken Rodeo - Dusty Cowsh*t



Sequence: A, B, C, A, B, B, A (1-28), C, B, B

PART A

WALK FORWARD, TAP & HEEL, STEP-SCUFF-HITCH, ¼ PIVOT TURN, SAILOR STEP

1-2 Step forward on right, step forward on right
3&4 Tap right toe next to left, step back on right, touch left heel forward
5 Step forward on left, scuff right foot forward
6 Hitch right knee as you turn ¼ turn right, step right to right side
7&8 Cross left behind right, step right slightly right step left slightly left

HITCH ACROSS, POINT, HITCH ACROSS, POINT, CROSS, UNWIND, HOLD & STOMP

1-2 Hitch right knee across of left leg, point right toe to right side
3-4 Hitch right knee across of left leg, point right toe to right side
5-6 Cross right behind left, unwind ½ turn right
7&8 Hold, stomp left next to right, stomp right next to left

ROCK FORWARD & BACK, SCUFF, HITCH, STOMP, BACK, HEEL SWIVELS, BACK, HEEL SWIVELS

1& Step forward on left, rock (recover) back onto right
2& Step back on left, rock (recover) forward onto right
3&4 Scuff left foot forward, hitch left knee, stomp left next to right
5&6 Step back on right, swivel both heels out, swivel both heels back to center
7&8 Step back on left, swivel both heels out, swivel both heels back to center

ROCK FORWARD & BACK, SCUFF, HITCH, STOMP, BACK, HEEL SWIVELS, BACK, HEEL SWIVELS

1& Step forward on right, rock (recover) back onto left
2& Step back on right, rock (recover) forward onto left
3&4 Scuff right foot forward, hitch right knee, stomp right next to left

Restart from here on the 3rd Part A, touching right next to left (not stomp)

5&6 Step back on left, swivel both heels out, swivel both heels back to center
7&8 Step back on right, swivel both heels out, swivel both heels back to center

COASTER STEP, STOMP OUT-OUT, APPLE JACK, STEP, ½ PIVOT TURN

1&2 Step back on left, step right next to left, step forward on left
3-4 Stomp right slightly forward, stomp left shoulder with apart from right
&5 Swivel left toe and right heel to left side, swivel back to center
&6 Swivel right toe and left heel to right side, swivel back to center
7-8 Step forward on right, pivot ½ turn right stepping back on left

COASTER STEP, STOMP OUT-OUT, APPLE JACK, ¼ TURN & CROSS, TOGETHER

1&2 Step back on right, step left next to right, step forward on right
3-4 Stomp left slightly forward, stomp right shoulder with apart from left
&5 Swivel left toe and right heel to left side, swivel back to center
&6 Swivel right toe and left heel to right side, swivel back to center
7-8 Pivot ¼ turn right stepping right across of left . Step left to left side

PART B

Yippi ay yeah, yippi ay yo!

4X SMALL JUMPS FORWARD, RIGHT SHUFFLE, ¼ TURN, LEFT SHUFFLE

- &1 Step slightly forward on right, step left next to right
- &2 Step slightly forward on right, step left next to right
- &3 Step slightly forward on right, step left next to right
- &4 Step slightly forward on right, step left next to right

Isolate upper body from the hips and move only legs and hips as you jump forward. Left arm reaches forward as you were riding a horse. Right arm swings from side to side like slapping the horse or throw a lasso

- 5&6 Step right to right side, step left next to right, step right to right side
- &7&8 Pivot ¼ turn left . Step left to left side, step right next to left, step left to left side

SCUFF, HOOK, HEEL, FLICK, STOMP 3X, REPEAT OTHER FOOT

- 1& Scuff right foot forward, hook right foot up to left knee
- 2& Touch right heel forward, flick right foot up behind you
- 3&4 Stomp right next to left, stomp left next to right, stomp right next to left
- 5& Scuff left foot forward, hook left foot up to right knee
- 6& Touch left heel forward, flick left foot up behind you
- 7&8 Stomp left next to right, stomp right next to left, stomp right next to left

4X SMALL JUMPS FORWARD, RIGHT SHUFFLE, ¼ TURN, LEFT SHUFFLE

- &1 Step slightly forward on right, step left next to right
- 72 Step slightly forward on right, step left next to right
- &3 Step slightly forward on right, step left next to right
- &4 Step slightly forward on right, step left next to right

Isolate upper body from the hips and move only legs and hips as you jump forward. Left arm reaches forward as you were riding a horse. Right arm swings from side to side like slapping the horse or throw a lasso

- 5&6 Step right to right side, step left next to right, step right to right side
- &7&8 Pivot ¼ turn left .step left to left side, step right next to left, step left to left side

SCUFF, HOOK, HEEL, FLICK, STOMP 3X, REPEAT OTHER FOOT

- 1& Scuff right foot forward, hook right foot up to left knee
- 2& Touch right heel forward, flick right foot up behind you
- 3&4 Stomp right next to left, stomp left next to right, stomp right next to left
- 5& Scuff left foot forward, hook left foot up to right knee
- 6& Touch left heel forward, flick left foot up behind you
- 7&8 Stomp left next to right, stomp right next to left, stomp right next to left

PART C

The Chicken Run

STEP, LOCK X3, STEP, STEP, ½ TURN, SHUFFLE FORWARD

- 1& Step forward on right, lock right behind left
- 2& Step forward on right, lock right behind left
- 3&4 Step forward on right, lock right behind left, step forward on right
- 5-6 Step forward on left, pivot (swivel) ½ turn right
- 7&8 Step forward on left, step right next to left, step forward on left

STEP, LOCK X3, STEP, STEP, ½ TURN, SHUFFLE FORWARD

- 1& Step forward on right, lock right behind left
 - 2& Step forward on right, lock right behind left
 - 3&4 Step forward on right, lock right behind left, step forward on right
 - 5-6 Step forward on left, pivot (swivel) ½ turn right
 - 7&8 Step forward on left, step right next to left, step forward on left
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