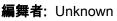
Chicago Cha-Cha (P)

級數: partner dance



拍數: 28

音樂: Neon Moon - Brooks & Dunn

Position: Danced in lines with partners in the "Sweet-heart" position, leader standing to the left of the follower.

LEADER

1-4 Left shuffle forward, rock forward on right, rock back o	nto left
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5-8 Right shuffle backwards, rock back onto left, rock forward onto right

Raise left arm to allow follower to turn

9-12 Left shuffle forward, rock forward on right, rock back onto left

13-16 Right shuffle backwards, rock back onto left, rock forward onto right

17-20 Left shuffle forward with a ¼ turn right around your follower, step forward on your right foot, **Drop right hands. Pivot turn left under left arm**

21-24 Right shuffle forward, step forward on left foot, pivot turn right

Pick up the followers right hand

The following rock steps are done "close coupled" to enable a "hip grinding" motion. Leaders right and followers left hips locked together!

25-28 Step left foot forward grinding hip forward, grind hip back, forward, back **Reform the "Sweetheart" position.**

REPEAT

FOLLOWER

1-4 Left shuffle forward, rock forward on right, rock back onto left

5-8 Right shuffle backwards, rock back onto left, rock forward onto right

Do not drop hands with your leader

9-12 Left shuffle forward, making turn right, rock back onto right, rock forward onto left

13-16 Right shuffle forward making turn left, rock back on left, rock forward onto right

17-20 Left shuffle in place making a ¼ turn to the right and then step forward on your right foot, **Drop right hands. Pivot turn left**

21-24 Right shuffle forward, step forward on left foot, pivot turn right **Re-hold leaders right hand**

25-28 Step left foot forward grinding hip forward, grind hip back, forward, back **Reform the "Sweetheart" position**

REPEAT





牆數:4