

Chicago Cha-Cha (P)

COPPER KNOB
STEPSHEETS

拍數: 28
編舞者: Unknown

牆數: 4

級數: partner dance

音樂: Neon Moon - Brooks & Dunn



Position: Danced in lines with partners in the "Sweet-heart" position, leader standing to the left of the follower.

LEADER

1-4 Left shuffle forward, rock forward on right, rock back onto left
5-8 Right shuffle backwards, rock back onto left, rock forward onto right

Raise left arm to allow follower to turn

9-12 Left shuffle forward, rock forward on right, rock back onto left
13-16 Right shuffle backwards, rock back onto left, rock forward onto right

17-20 Left shuffle forward with a $\frac{1}{4}$ turn right around your follower, step forward on your right foot,
Drop right hands. Pivot turn left under left arm

21-24 Right shuffle forward, step forward on left foot, pivot turn right

Pick up the followers right hand

The following rock steps are done "close coupled" to enable a "hip grinding" motion. Leaders right and followers left hips locked together!

25-28 Step left foot forward grinding hip forward, grind hip back, forward, back

Reform the "Sweetheart" position.

REPEAT

FOLLOWER

1-4 Left shuffle forward, rock forward on right, rock back onto left
5-8 Right shuffle backwards, rock back onto left, rock forward onto right

Do not drop hands with your leader

9-12 Left shuffle forward, making turn right, rock back onto right, rock forward onto left
13-16 Right shuffle forward making turn left, rock back on left, rock forward onto right

17-20 Left shuffle in place making a $\frac{1}{4}$ turn to the right and then step forward on your right foot,
Drop right hands. Pivot turn left

21-24 Right shuffle forward, step forward on left foot, pivot turn right

Re-hold leaders right hand

25-28 Step left foot forward grinding hip forward, grind hip back, forward, back

Reform the "Sweetheart" position

REPEAT