

# Chicago

拍數: 64      牆數: 1      級數: Improver  
編舞者: Dari Anne Amato (USA)  
音樂: Chicago - Frank Sinatra



Be careful not to get "Chicago-My Kinda Town" by Frank Sinatra

## STEP, CROSS, STEP, CROSS

- 1-2            Step out to the right with right foot, hold
- 3-4            Cross left over right with the left foot taking the weight, hold
- 5-6            Step out on to the right foot, hold
- 7-8            Cross left over right with the left taking the weight, hold

**Styling tip: allow arms to swing in front of you in opposition of your steps, this should be a fairly natural motion...think Broadway!**

## HEEL TAPS RIGHT, HEEL TAPS LEFT WITH JAZZ HANDS

- 1-2            Step right foot to right side and tap right heel without placing weight on it, heel comes up off the floor
- 3-4            Step down onto the right foot, hold
- 5-6            Tap left heel to the left side, heel comes up off the floor
- 7-8            Step down onto the left foot, hold

**Arms / hands: your arms & hands (which are optional but very fun) will raise up over your head first to the right side then to the left while you heel tap. Tip: as you tap down on counts 1(to the right) and 5 (to the left) you will start your overhead arm raises up toward the ceiling with jazz hands**

## CROSS, STEP, CROSS, STEP

- 1-2            Cross right foot over left with right taking the weight, hold
- 3-4            Step out onto the left foot, hold
- 5-6            Cross right foot over left, hold
- 7-8            Step out onto the left foot, hold

**Same arm swing as above**

## HEEL TAPS RIGHT, HEEL TAPS LEFT WITH JAZZ HANDS

- 1-2            Step right foot to right side and tap right heel without placing weight on it, heel comes up off the floor
- 3-4            Step down onto the right foot, hold
- 5-6            Tap left heel to the left side, heel comes up off the floor
- 7-8            Step down onto the left foot, hold

**Arms / hands: your arms & hands (which are optional but very fun) will raise up over your head first to the right side then to the left while you heel tap. Tip: as you tap down on counts 1(to the right) and 5 (to the left) you will start your overhead arm raises up toward the ceiling with jazz hands**

## CROSS OVER, SIDE TOUCH, CROSS OVER, SIDE TOUCH

- 1-2            Cross right foot over left placing weight onto right foot, hold
- 3-4            Touch left foot out to left side, hold
- 5-6            Cross left foot over right placing weight onto left foot, hold
- 7-8            Touch right foot out to right side, hold

**Arms: optional again but fun...with jazz hands, on the cross steps (1 & 5) your hands come into your waist. On the touches out to the side on counts 3 & 7, still with jazz hands, you open your arms from the elbow (as if they were swinging doors) so that your palms will end up facing out**

## STEP, HOLD, PIVOT, HOLD, STEP, HOLD, PIVOT, HOLD

- 1-2            Step forward onto right foot, hold

- 3-4 Pivot ½ turn on the right foot with weight ending forward onto the left foot, hold  
5-6 Step forward onto the right foot, hold  
7-8 Pivot ½ turn on the right foot with weight ending forward onto the left foot, hold

**LUNGE FORWARD RIGHT, HOLD, LUNGE FORWARD LEFT, HOLD**

- &1 Clap hands on the & of 1. Lunge slightly forward on the right foot (right arm will be straight out at waist level with left arm straight up behind your left ear)  
2-3 Hold  
4 Clap hands  
5 Lunge slightly forward on the left foot (left arm will be straight out at waist level with right arm straight up behind your left ear)  
6-7-8 Hold

**JAZZ SQUARE WITH SIDE ROCKS**

- 1-2 Cross right foot over left stepping onto the right, hold  
3-4 Step back onto the left foot, hold  
5-6 Step out to the right side on the right foot with your right hip rocking to the right, hold  
7-8 Rock left hip to the left shifting weight onto the left foot, hold

**REPEAT**

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