

The 'cheeky' Dance

拍數: 0 牆數: 1 級數:
編舞者: Tim Gauci (AUS)
音樂: Cheeky Song (Touch My Bum) - Cheeky Girls



Sequence: ABCDE, ABCDE, BC, TAG, D to finish

PART A (OH BOYS, ARH GIRLS)

- 1-2-3&4 Step right forward, rock weight back onto left, step right back, step left together (&) cross right over left
- 5-6-7&8 Step left to left, rock weight onto right, step left behind right, step right to right (turning ¼ to right), step left forward (use lots of attitude, hips/ arms/ whatever)
- 9-32 Repeat above 8 counts 3 more times to face the front (12:00)

PART B (VERSE)

- 1-2-3&4 Step right to right, rock weight onto left, step right behind left, step left to left (&), step right over left
- 5-6-7&8 Touch left toe to left, step left together turning ½ to left (i.e. ½ Monterey turn), step right to right, rock weight onto left (&), step right over left
- 1-2-3&4 Step left to left, rock weight onto right, step left behind right, step right to right (&), step left over right
- 5-6-7&8 Touch right toe to right, step right together turning ½ to right (i.e. ½ Monterey turn), step left to left, rock weight onto right (&), step left over right
- 1-2&3-4 Step right to right, step left behind right, step right to right (&), step left over right, step right to right
- 5-6-7&8 Step left back behind right, rock weight forward onto right, touch left heel 45 degrees left, step left together (&), step right over left
- 1-2&3-4 Step left to left, step right behind left, step left to left (&), step right over left, step left to left
- 5-6-7&8 Step right back behind left (starting ¼ turn to right), rock weight forward onto left (completing ¼ turn to right), touch right heel forward, step right together (&), step left together

PART C (TOUCH MY BUTT)

- 1&2-3-4 Cross right over left, step left to left (&), step weight onto right, step left over right, sweep right around to meet left toes
- 5-6-7-8 Cross right over left, step left back, step right to right, step left forward
- 1-2-3-4 Step right forward, rock weight back onto left, step right back, rock weight forward onto left (for a bit of fun try putting your hands on your butt during the rocking chair and hip movements)
- 5-6-7-8 Step right to right bumping hips to right, bump hips left, right, left
- 1&2-3-4 Shuffle right side right, left, right, step left back behind right, rock weight forward onto right
- 5&6-7-8 Shuffle left side left, right, left, step right back behind left, rock weight forward onto left

PART D (CHORUS)

- 1&2&3&4 Shuffle right forward, right, left, right, sharply turn ½ to left on ball of right foot (&), shuffle forward left, right, left
- 5&6&7&8 Touch right heel forward, step right together (&), touch left heel forward, step left together (&), touch right heel forward, clap twice

- 1&2&3&4 Shuffle right forward, right, left, right, sharply turn $\frac{1}{2}$ to left on ball of right foot (&), shuffle forward left, right, left
- 5&6&7&8 Touch right heel forward, step right together (&), touch left heel forward, step left together (&), touch right heel forward, clap twice
- 1-2-3&4 Step right to right, rock weight onto left, step right behind left, step left to left (&), step right together (right sailor step)
- 5&6-7&8 Step left behind right, step right to right (&), step left together (left sailor step), step right behind left, step left to left (&), step right together (right sailor step)
- 1-2-3-4 Step left behind right, step right to right turning $\frac{1}{4}$ to right, step left forward, pivot $\frac{1}{2}$ to right
- 5-6-7&8 Step left forward, rock weight back onto right, step left back, step right together (&), step left forward

PART E (CHEEKY CHEEKY)

- 1-2-3&4 Step right forward, step left forward, step right forward bumping hips, right, left, right
- 5-6-7&8 Step left forward, pivot $\frac{1}{2}$ to right, step left forward bumping hips left, right, left
- 1-2-3&4 Step right forward, step left forward, step right forward bumping hips, right, left, right
- 5-6-7&8 Step left forward, pivot $\frac{1}{2}$ to right, step left forward bumping hips left, right, left

TAG

- 1-2-3-4 Stomp right to right, roll hips around and to the left- end weight on left
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