

# Check-It-Out Cha-Cha

拍數: 40                      牆數: 0                      級數:  
編舞者: Tom & JR  
音樂: Wanda - The Forester Sisters



Position: Begin in Contra Position, men in one line and ladies in another (men usually face the source of music, ladies face away) with about six feet separating the two lines. Opposing dancers should be slightly offset from each other so as to allow passing right shoulder to right shoulder when both move forward. Footwork is identical for both partners. Try to maintain eye contact as much as possible during this dance. It really adds to the "Check-it-out" theme.

## CHA-CHA FORWARD AND BACK

- 1                      Left rock step forward
- 2                      Right rock step back
- 3&4                  Cha-cha-cha left, right, left in place (3 steps per 2 beats of music)
- 5                      Right rock step back
- 6                      Left rock step forward
- 7&8                  Cha-cha-cha right, left, right in place

## CHA-CHA FORWARD AND CHECK-IT-OUT

- 9                      Left walk step forward
  - 10                     Right walk step forward, passing right shoulder to right shoulder and moving slightly beyond partner
  - 11&12                Cha-cha-cha in place left, right, left
  - 13                     Right rock step back, turning ¼ turn to the right to face partner
- You should be lined up facing partner and able to "Check-It-Out"**
- 14                     Left rock step forward turning ¼ turn to the left to face original direction (and moving past partner again)
  - 15&16                Cha-cha-cha right, left, right in place

**You have "Checked-Out" your partner, you're interested, but let's be cool about this!**

## TURN, CHA-CHA, TURN CHA-CHA

- 17                     Left rock step forward pivoting ½ turn to the right (still moving away-but let's go back for another look!)
- 18                     Right rock step forward (you should now be side by side, left shoulder to left shoulder)
- 19&20                Cha-cha-cha left, right, left in place
- 21                     Right rock step forward pivoting ½ turn to the left (moving away again-but let's go back for still another look!)
- 22                     Left rock step forward (you should now be side by side, right shoulder to right shoulder)
- 23&24                Cha-cha-cha right, left, right in place

**Great Partner. Checks out OK --- but let's look at all of the angles!**

## WALK-AROUND AND CHA-CHA

- 25                     Left cross step behind right (now facing partner)
- 26                     Right side step to right (now left shoulder to left shoulder)
- 27&28                Cha-cha-cha left, right, left in place
- 29                     Right cross step over left (now back to back)
- 30                     Left side step to left (now right shoulder to right shoulder)
- 31&32                Cha-cha-cha right, left, right in place

**Still looks good. Let's see if there could be an introduction!**

## CHA-CHA, HELLO, CHA-CHA

- 33                     Left walk step forward (angle slightly right) away from partner

34 Right walk step forward (angle slightly right) away from partner

35&36 Cha-cha-cha left, right, left while turning  $\frac{1}{2}$  turn to the right

**You will now be in your partner's original position, about 6 feet apart slightly offset**

37 Right rock step back (men bow and tip hats, lady's curtsy (don't be shy now!))

38 Left rock step forward (straighten up)

39&40 Cha-cha-cha right, left, right in place

**You will not always be exactly in the right position. Use the Cha-Cha-Cha steps to adjust where necessary.**

**REPEAT**

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