

Check Yes Or No

拍數: 32 牆數: 4 級數: Improver
編舞者: Tracy Brown (UK)
音樂: Check Yes or No - George Strait



TOE POINTS, SAILOR STEP, ROCK, ½ SHUFFLE

1-2 Point right toe forward, point right toe to right side
3&4 Cross step right behind left, step left to left side, step right to right side
5-6 Rock left forward, recover weight on right
7&8 Turn ½ left - stepping left, right, left

½ PIVOTS, ROCK, POINT, STEP, SHUFFLE

9-10 Pivot ½ left stepping right back, pivot ½ left stepping left forward

Alternative: walk forward right, left

11-12 Rock right forward, recover weight on left
13-14 Point right back (turning head back), step right forward
15&16 Step left forward, step right beside left, step left forward

CROSS, STEP, ¼ CHASSE, ¼ PIVOT, ½ SHUFFLE

17-18 Cross right over left, step left back
19&20 Turn ¼ right - stepping right, left, right
21-22 Cross left over right, pivot ¼ left stepping right back
23&24 Turn ½ left - stepping left, right, left

CROSS, STEP, CHASSE, CROSS ROCK, ¼ SHUFFLE

25-26 Cross right over left, step left back
27&28 Step right to right side, step left beside right, step right to right side
29-30 Cross step left over right, recover weight on right
31&32 Turn ¼ left - stepping left, right, left

REPEAT
