

Cornbread And Chicken

拍數: 32 牆數: 4 級數: Improver
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: Where I Come from - Alan Jackson



HEEL, TOUCH, HILLBILLY KNEE SLAPS & STOMPS, ROCK, SHUFFLE

1-2 Touch right heel diagonally forward right, touch right beside left
&3&4 Raise right knee and slap top of right knee with right hand, stomp-up right beside left, raise right knee and slap top of right knee with right hand, stomp-up right beside left
5-6 Rock back on right, recover forward on left
7&8 Step right forward, step left beside right, step right forward

HIP BUMPS WITH ¼ TURN RIGHT, SIDE, TOUCH, SIDE, TOUCH

9-10 Bump hips left, bump hips right
11&12 Making 1/8 turn right bump hips left (11), bump hips right (&), making 1/8 turn right bump hips left (12) (weight ends on left)
13-14 Step right to right, touch left beside right
15-16 Step left to left, touch right beside left

POINT, KICK, KICK-CROSS-BACK, STEPS, STOMP TWICE

17-18 Point right to right, kick right diagonally forward right
19&20 Kick right diagonally forward left, step right across left, step left back
21-22 Step right to right, step left to left
23-24 Stomp right to right, stomp right a little further to right

SCUFF, STEP, HOOKS AND SLAPS WITH ¼ TURN, STEP, KICK, ¼ TURN STEP, SYNCOPATED PIVOT

25-26 Scuff left across right, step left forward
27-28 Hook right behind left and slap right foot with left hand (27), make ¼ turn left and, swinging right leg to right side, slap right foot with right hand (28)
29-30 Step right to right, kick left across right
31&32 Making ¼ turn left step left forward, step right forward, pivot ½ turn left (weight on left)

REPEAT

TAG

Insert immediately after walls 2, 5 and 8 (easily identifiable via music)

FULL MONTEREY TURN

1-2 Point right to right, making ½ turn right step right beside left
3-4 Point left to left, step left beside right
5-6 Point right to right, making ½ turn right step right beside left
7-8 Point left to left, step left beside right