

# Cop Out....

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Charlotte Macari (UK)  
音樂: Turn On, Tune In, Cop Out - Freak Power



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## RIGHT SIDE STEP, CROSS ROCK, RECOVER, LEFT SHUFFLE WITH ¼ TURN LEFT, RIGHT STEP PIVOT, 1 ½ TURN TRIPLE (TRAVELING FORWARD)

1-3            Step right to right side, cross rock left over right, recover weight on right  
4&5           Step left to left side, step right next to left, turn ¼ left stepping forward on left  
6-7           Step forward on right, pivot ½ turn left  
8&1           Turn 1 ½ turns left stepping back on right, forward on left, back on right  
**Easy option for counts 8&1 - complete ½ turn left instead of 1½, stepping right, left, right**

## LEFT ROCK BACK, RECOVER, LEFT SHUFFLE FORWARD, TOUCH &, TOUCH & STEP WITH ¼ LEFT, TWO WALKS FORWARD RIGHT, LEFT

2-3            Left back on left, recover weight on right  
4&5           Shuffle forward left, right, left  
6&            Touch right foot forward (bending right knee, slightly across left leg), step right next to left  
7&            Touch left foot forward (bending knee), step left next to right as you complete ¼ turn left  
8-1            Walk forward right, left (6:00)

## RIGHT ROCK FORWARD, RECOVER, RIGHT SIDE STEP WITH ¼ TURN RIGHT, STEP TOGETHER, THREE SKATES WITH ¼ RIGHT, KICK, HITCH, TOUCH WITH ¼ LEFT

2-3            Right rock forward, recover on left  
4&5           Turn ¼ right stepping right to right side, step left next to right, right skate (9:00)  
6-7            Left skate, right skate into a ¼ turn right (12:00)  
8&1            Small kick forward with left, hitch left next to right turning ¼ left, touch left to left side (9:00)

## TWO SAILOR STEPS, CROSS, BEHIND, UNWIND ½ TURN LEFT, CROSS ROCK, RECOVER

2&3            Left sailor step  
4&5            Right sailor step  
6-7            Cross left behind right, unwind ½ turn left, (weight on left)  
8&            Cross rock right over left, recover weight on left

**REPEAT**

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