Cool Swing!

拍數: 64

級數: Intermediate

編舞者: Eddie Bolton (UK)

音樂: Drive It Home - The Clovers

My thanks to Hop & Graham for their dance floor suggestions

SIDE CHASSE, ROCK STEP, HEEL BALL CROSS, HEEL BALL CROSS (RIGHT & LEFT)

- 1&2 Chasse to right on right, left, right
- 3-4 Rock step left behind right, rock weight back onto right foot in place
- 5&6 Touch left heel forward, step on left alongside right, cross right over left
- Repeat steps 5&6 7&8

REPEAT STEPS 1-8 TO LEFT STARTING WITH CHASSE TO LEFT

9-16 Repeat steps 1-8 to left starting with chasse to left

SIDE CHASSE WITH ¼ TURN, STEP PIVOT ¾ TURN, STEP SIDE TOUCH, STEP SIDE, TOUCH (RIGHT THEN LEFT)

- 17&18 Step right to right, close left to right, step right to right turning 1/4 turn right
- 19-20 Step forward on left, on ball of left foot pivot ¾ turn right stepping down onto right
- 21-22 Step left to left, tap right foot next to left & snap fingers at waist

Angle body to right. Look cool!

- 23-24 Step right to right, tap left foot next to right & snap fingers
- Angle body left. Still cool.
- 25-32 Repeat steps 17-24 to the left, starting with chasse 1/4 turn left

SHUFFLE FORWARD, SHUFFLE ½ TURN, STEP BACK SLIDE, HEEL TAP TWICE

- Shuffle forward on right, left, right 33&34
- 35&36 Shuffle forward on left, right, left making a 1/2 turn right
- 37-38 Long step back on right (body angled right), slide left foot back to finish just in front of right with toe pointed left & left heel raised
- 39-40 Tap left heel down & up & snap left fingers twice (with attitude!)
- 41-48 Repeat steps 33-40 on left foot starting with left shuffle forward

1/2 TURN RIGHT, TOUCH OR HITCH, LEFT CHASSE, ROCK STEP, 3/4 TURN LEFT

- 49-50 Step right foot 1/2 turn to right, touch or hitch left foot alongside right
- 51&52 Step left foot left, close right to left, step left to left
- 53-54 Cross step right behind left, rock back in place on left
- 55&56 Traveling to the right make a ³/₄ turn left on right, left, right

These steps may be replaced by a chasse right with 1/4 turn

FORWARD SHUFFLE, STEP PIVOT, MAMBO RIGHT, MAMBO LEFT

- 57&58 Shuffle forward on left, right, left
- 59-60 Step forward on right, pivot 1/2 turn left
- 61&62 Rock step right to right, step in place on left, cross step right over left
- Rock step left to left, step in place on right, cross step left over right 63&64

On steps 61&62 and 63&64 maintain a slight forward travel

REPEAT







牆數: 4