

# Cool Fool

拍數: 64      牆數: 4      級數: Improver  
編舞者: Ruth Rinehart (USA)  
音樂: Cool to Be a Fool - Joe Nichols



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## QUARTER TURN ROCK STEPS AND HOLD

1-4      Step left quarter turn left, rock back on right, rock left, hold  
5-8      Step right quarter turn left, rock back on left, rock right hold

## QUARTER TURN ROCK STEPS AND HOLD REPEATED

1-4      Step left quarter turn left, rock back on right, rock left, hold  
5-8      Step right quarter turn left, rock back on left, rock right hold

**At the end of this sequence you should be back at 12:00**

## SYNCOPATED CROSS STEPS AND SHUFFLE IN PLACE

1-2&3-4      Cross left over right, hold, step back on ball of right foot, cross left over right, hold  
&5-6-7&8      Step back on ball of right foot, cross left over right, step right, shuffle left right left in place

## SYNCOPATED CROSS STEPS AND SHUFFLE IN PLACE

1-2&3-4      Cross right over left, hold, step back on ball of left foot, cross right over left, hold  
&5-6-7&8      Step back on ball of left foot, cross right over left, step left, shuffle right left right in place

## LOCK STEP FORWARD, BRUSH, LOCK STEP FORWARD, BRUSH

1-4      Step left foot forward, lock right behind left, step left forward, brush  
5-8      Step right foot forward, lock left behind right, step right forward, brush

## LOCK STEP BACK, KICK, LOCK STEP BACK, KICK

1-4      Step left foot back diagonally left, lock right in front of left, step left foot back, kick right forward  
5-8      Step right foot back diagonally right, lock left in front of right, step right foot back, kick left forward

## VINE LEFT WITH A ¼ LEFT TURN, TOUCH, LOCK STEP BACK, TOUCH LEFT IN FRONT OF RIGHT

1-4      Step left out, right behind left, step left into a left ¼ turn, touch right beside left  
5-8      Step right foot back diagonally right, lock left in front of right, step right back, touch left in front and to the right of right.

## TOUCH LEFT OUT LEFT, HOLD, STEP LEFT BESIDE RIGHT, HOLD, RIGHT MONTEREY TURN ENDING WITH A TOUCH

1-4      Touch left foot out to left, hold, step left beside right, hold  
5-8      Touch right foot out, ½ right turn & step on right, touch left to left, touch left beside right

## REPEAT

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