Cool Blues Walk



拍數: 48 牆數: 4 級數: Intermediate/Advanced west coast

編舞者: Mike Salerno (USA)

音樂: Cool Blues Walk - Eddy "The Chief" Clearwater



TRAVELING SUGAR FOOT, ROCK ACROSS, RONDÉ/SAILOR STEP

1	Swivel on left foot, curving in/out with right foot from 1st to 5th position
2	Swivel on right foot, curving in/out with left foot from 1st to 5th position
3	Swivel on left foot, curving in/out with right foot from 1st to 5th position
4	Swivel on right foot, curving in/out with left foot from 1st to 5th position
5-6	Rock/step right foot to left diagonal, step left foot in place

Rock/step right foot to left diagonal, step left foot in place

&7 Sweep right around right side and cross/step right foot behind left foot

& Step ball of left foot to left side 8 Replace weight to right foot

ROCK ACROSS, RONDÉ/SAILOR STEP, STEP, PIVOT, KICK-BALL-CHANGE

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9-10	Rock/step left foot to right diagonal, step right foot in place
&11	Sweep left around left side and cross/step left foot behind right foot
&	Step ball of right foot to right side
12	Step left foot in place
13	Step right foot forward
14	Pivot a ½ turn left, transferring weight to left foot
15&	Kick right foot forward, step on ball of right foot behind left foot

16 Step left foot in place

TRAVELING SUGAR FOOT, ROCK ACROSS, RONDÉ/SAILOR STEP

Repeat counts 9-12 above

Repeat counts 1-8 above

ROCK ACROSS, RONDÉ/SAILOR STEP, ROCK/STEP, 1 ½ TURN BACKWARDS

29	Rock/step right foot forward
30	Step left foot in place, begin turn to right
31	Make a ½ turn right on ball of left foot, step right foot forward
&	Make a ½ turn right on ball of right foot, step left foot backwards
32	Male a ½ turn right on ball of left foot, step right foot forward

CAMEL WALK VARIATION ROCK/STEP SYNCOPATED SIDE POINTS

CAIVILL WALK	VARIATION, ROCKSTEF, STREEFATED SIDE FOINTS
33	Step left forward
34	Lock/step right to left side of left foot causing left knee pop
35-36	Repeat counts 33-34 above
37-38	Rock/step left foot forward, step right foot in place
&39	Step left foot beside right foot, point right toe to right side
&40	Step right foot beside left foot, point left toe to left side

1/4 TURN AND KICK-BALL-TOUCH, KICK-BALL-TOUCH, THREE CAMEL WALKS, HOLD

41&	1/4 Turn right, kick left foot forward, step on ball of left foot beside right foot
42	Touch right foot beside left foot

43& Kick right foot forward, step on ball of right foot beside left foot

44 Touch left foot beside right foot

&45 Step left foot forward with straight knee, while executing a right knee pop

&46	Step right foot forward with straight knee, while executing a left knee pop
&47	Step left foot forward with straight knee, while executing a right knee pop
48	Hold

REPEAT