

The Cool Bar

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Gary Lafferty (UK)
音樂: The Last Waltz - Engelbert Humperdinck



WALTZ FORWARD, WALTZ BACK WITH ¼ TURN LEFT

- 1-3 Step forward on left foot, step on right foot beside left, step on left foot in place
- 4 Step back on right foot turning ¼ left
- 5 Step on left foot beside right
- 6 Step on right foot in place

WALTZ FORWARD, WALTZ BACK WITH ¼ TURN LEFT

- 1-3 Step forward on left foot, step on right foot beside left, step on left foot in place
- 4 Step back on right foot turning ¼ left
- 5 Step on left foot beside right
- 6 Step on right foot in place

STEP FORWARD, SLOW KICK ; STEP BACK, ½ TURN, STEP FORWARD

- 1-3 Step forward on left foot, kick right foot forward over 2 counts
- 4 Step back on right foot starting to turn ½ left
- 5 Complete ½ turn left by stepping slightly forward on left foot
- 6 Step forward on right foot

STEP FORWARD, SLOW KICK ; RIGHT COASTER STEP

- 1-3 Step forward on left foot, kick right foot forward over 2 counts
- 4-6 Step back on right foot, step on left foot beside right, step forward on right foot

LEFT MAMBO FORWARD ; RIGHT LOCK STEP BACK

- 1-3 Rock forward on left foot, recover weight back onto right foot, step back on left foot
- 4-6 Step back on right foot, lock-step left foot over right, step back on right foot

¾ TRIPLE TURN ; SIDE-ROCK, RECOVER, CROSS

- 1-3 Triple-turn ¾ turn over left shoulder in place stepping on left-right-left
- 4-6 Rock to right on right foot, recover weight onto left, cross-step right foot over left

STEP LEFT, DRAG, TOUCH ; FULL ROLLING TURN TO RIGHT

- 1-3 Large step to left on left foot, drag right foot towards left, touch right foot beside left
- 4 Turn ¼ right, stepping forward onto right foot
- 5 Turn ½ right, stepping back onto left foot
- 6 Turn ¼ right, stepping to right on right foot

LEFT TWINKLE, RIGHT TWINKLE WITH ¼ TURN TO RIGHT

- 1-3 Cross-step left foot over right, step on right foot beside left, step on left foot in place
- 4-6 Cross-step right foot over left, turn ¼ right stepping back on left foot, step on right foot beside left

REPEAT

TAG

Danced only once at the end of the second wall, facing front

WALTZ FORWARD, WALTZ BACK

- 1-3 Step forward on left foot, step on right foot beside left, step on left foot in place

4-6

Step back on right foot, step on left foot beside right, step on right foot in place

This dance was originally thought of in September 2002 when Marie & I kept hearing this song being played in the background while we sat drinking at night in "The Cool Bar" at The Hotel Triton in Ahungalle, Sri Lanka. Hence the name.
