

Coo'in' & A Woon'in'

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Michael Barr (USA)
音樂: Itty Bitty Little Single Solitary Piece Of My Heart - Lari White



CROSS-BALL-CHANGE, CROSS-¼ LEFT - ¼ LEFT, ¼ TURN COASTER, BRUSH-BRUSH-BRUSH

1&2 Cross step left behind right, step ball of right side right, step left side left
3&4 Cross step ball of right behind left, step left into ¼ turn left, step right into ¼ left stepping side right
5&6 Turning on ball of right ¼ left step back on ball of left, step ball of right next to left, step left forward
7&8 Brush right forward, brush right across left shin, touch right toe on left side of left foot
Option: Keeping right toe on the floor, draw a circle crossing over the left foot (7), touch right on left side of left foot (8)

FORWARD, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH, BACK ¼ LEFT, TOGETHER

Styling: Place hands on top of thighs, finger facing down, elbows bent out to the sides

1-2 Step right forward, touch left forward
3-4 Step left in place, touch right forward
5-6 Step right in place, touch left forward
7-8 Take big step back on left turning ¼ left, step right next to left (pop the left knee forward)

KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST ¼ LEFT

Styling: During the forward steps, bring the hips forward first to add some styling

1&2 Kick left forward, step ball of left next to right, step right forward (small step)
3-4 Walk forward on left, right
5&6 Kick left forward, step ball of left next to right, step right forward (small step)
7&8 Swivel heels right, starting a ¼ turn left, swivel heels left, return heels center finishing the ¼ turn left (weight right)

KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST ¼ LEFT

Styling: During the forward steps, bring the hips forward first to add some styling

1&2 Kick left forward, step ball of left next to right, step right forward
3-4 Walk forward on left, right
5&6 Kick left forward, step ball of left next to right, step right forward
7&8 Swivel heels right, starting a ¼ turn left, swivel heels left, return heels center finishing the ¼ turn left (weight right)

REPEAT