

# Coo'in' & A Woon'in'

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Michael Barr (USA)  
音樂: Itty Bitty Little Single Solitary Piece Of My Heart - Lari White



## **CROSS-BALL-CHANGE, CROSS-¼ LEFT - ¼ LEFT, ¼ TURN COASTER, BRUSH-BRUSH-BRUSH**

1&2      Cross step left behind right, step ball of right side right, step left side left  
3&4      Cross step ball of right behind left, step left into ¼ turn left, step right into ¼ left stepping side right  
5&6      Turning on ball of right ¼ left step back on ball of left, step ball of right next to left, step left forward  
7&8      Brush right forward, brush right across left shin, touch right toe on left side of left foot  
**Option: Keeping right toe on the floor, draw a circle crossing over the left foot (7), touch right on left side of left foot (8)**

## **FORWARD, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH, BACK ¼ LEFT, TOGETHER**

**Styling: Place hands on top of thighs, finger facing down, elbows bent out to the sides**

1-2      Step right forward, touch left forward  
3-4      Step left in place, touch right forward  
5-6      Step right in place, touch left forward  
7-8      Take big step back on left turning ¼ left, step right next to left (pop the left knee forward)

## **KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST ¼ LEFT**

**Styling: During the forward steps, bring the hips forward first to add some styling**

1&2      Kick left forward, step ball of left next to right, step right forward (small step)  
3-4      Walk forward on left, right  
5&6      Kick left forward, step ball of left next to right, step right forward (small step)  
7&8      Swivel heels right, starting a ¼ turn left, swivel heels left, return heels center finishing the ¼ turn left (weight right)

## **KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST ¼ LEFT**

**Styling: During the forward steps, bring the hips forward first to add some styling**

1&2      Kick left forward, step ball of left next to right, step right forward  
3-4      Walk forward on left, right  
5&6      Kick left forward, step ball of left next to right, step right forward  
7&8      Swivel heels right, starting a ¼ turn left, swivel heels left, return heels center finishing the ¼ turn left (weight right)

**REPEAT**