

Contradiction

拍數: 32 牆數: 0 級數:
編舞者: John Elliott (USA)
音樂: You Made This Love a Teardrop - Nanci Griffith



Position: Begin in lines facing forward.

HITCH AND JAZZ BOX SEQUENCE

- 1 Right foot hitch (lift knee) (and drop left heel down)
- 2 Right foot touch toe next to left foot
- 3 Right foot kick forward
- & Right foot small step backward (4th pos.)
- 4 Left foot cross-step over right foot

- 5 Right foot step backward
- 6 Left foot step to left side
- 7 Right foot step forward
- 8 Left foot touch toe next to right foot

TWO SYNCOPATED ROCK STEP PATTERNS

- 1 Left foot rock step to left side
- 2 Right foot begin slowly rocking weight on right foot (2 counts)
- 3 Right foot finish rocking weight onto right foot
- 4 Left foot step together next to right foot

- 5 Right foot rock step to right side
- 6 Left foot begin slowly rocking weight on left foot (2 counts)
- 7 Left foot finish rocking weight onto left foot
- 8 Right foot touch toe next to left foot

SEMI-CIRCULAR RIGHT TOE STRUT TURN-AROUND

You will travel now in a half circle to your right

- 1 Right foot diagonal-step forward and to right side on toe (heel off floor)
 - 2 Right foot drop heel to floor (foot flat)
 - 3 Left foot cross-step over right foot on toe (heel off floor)
 - 4 Left foot drop heel to floor (foot flat)

 - 5 Right foot diagonal-step forward and to right side on toe (heel off floor)
 - 6 Right foot drop heel to floor (foot flat)
- ...and now you're facing the opposing line!
- 7 Left foot cross-step over right foot on toe (heel off floor)
 - 8 Left foot drop heel to floor (foot flat)

TWO HALF-SHUFFLES AND BACK-HOOKS

Shuffle forward and pass through opposing line...

- 1 Right foot step forward
- & Left foot step instep next to right heel (5th pos.)
- 2 Right foot small step forward (4th pos.)
- 3 Left foot hook behind right knee, relevé 1 left on right foot
- & Left foot swing leg around in front of you (right heel drops to floor, foot flat)
- 4 Left foot hook forward (relevé)

- 5 Left foot step forward
& Right foot step instep next to left heel (5th pos.)
6 Left foot small step forward (4th pos.)
...and now you're back-to-back again, ready to start over!
7 Right foot hook behind left knee, relevé* on left foot
& Right foot swing leg around in front of you (left heel drops to floor, foot flat)
8 Right foot hook forward (relevé)

REPEAT

Relevé is a term borrowed from ballet. It means to raise the body (the weight) on toe up over the indicated foot. Of course, in Country dancing "on toe" means the ball of the foot.

This dance has an easy feel, kind of lazy, but with humor. Smile in passing, put in a slight wiggle or sway-but not much excess motion. Make it look calm and relaxed. Please do not overemphasize any step.
