

# Contra Waltz

**COPPER KNOB**  
BYEFOOTPRINTS

拍數: 24      牆數: 2      級數: Ultra Beginner waltz  
編舞者: Irene Groundwater (CAN)  
音樂: Walkin' All Over My Heart - Travis Tritt



**Position: Dancers form 2 lines offset facing each other**

**FORWARD, FORWARD, FORWARD, FORWARD, FORWARD, FORWARD**

1-2-3      Left forward, right forward, left forward  
4-5-6      Right forward, left forward, right forward

**On forward walks dancers will go between 2 people facing them in opposite line. Option: clap the opposite persons hands as you go between the line**

**¼ TURN LEFT, SIDE, TOGETHER, ¼ TURN LEFT, SIDE, TOGETHER (½ TURNING BOX STEP)**

1      Left forward making ¼ turn left on step  
2-3      Side step right, step left beside right  
4      Right back making ¼ turn left on step  
5-6      Large side step left, step right beside left

**Dancers should now be facing people in the opposite line - head on**

**FORWARD, TOGETHER, TOGETHER, BACK, TOGETHER, TOGETHER**

1-2-3      Left forward, step right beside left, step left beside right  
4-5-6      Right back, step left beside right, step right beside left

**Option: dancers can clap hands with opposite line dancers on counts 2-3**

**SIDE, DRAG, TOUCH, SIDE, DRAG, TOUCH**

1      Small side step left  
2-3      Drag right towards left, touch right ball beside left instep  
4      Large side step right  
5-6      Drag left towards right, touch left ball beside right instep

**This should bring you back to your original position to start the dance over again. Option: on count 3, clap hands to the left shoulder high. Option: on count 6, clap hands to the right shoulder high**

**REPEAT**