

Contigo

拍數: 64 牆數: 4 級數: Improver
編舞者: Raymond Sarlemijn (NL)
音樂: Contigo - Victor Manuelle



STEP, HITCH, ½ TURN RIGHT, CHASSE, MAMBO STEP, COASTER STEP

1-2 Step right foot forward, hitch left foot up, while doing this turn ½ right
3&4 Step left foot forward, step next right foot to left foot, step left foot forward
5&6 Step right foot forward, recover on left foot, step right foot next to left foot
7&8 Step left foot backwards, step right foot next to left foot, step left foot forward

AND ROCK, ¼ TURN RONDE, COASTER STEP, TOO HEEL FLICK, CROSS CHASSE

&1-2 Rock right foot forward, lock left foot behind right foot, turn ¼ over right, while doing this make ronde with right foot
3&4 Step right foot backwards, step left foot next to right foot, step right foot forward
5&6 Touch left toe next to right foot, touch left heel next to right foot, flick left foot heel up
7&8 Cross left foot in front right foot, step right foot next to left foot, cross left foot in front right foot

TOO HEEL FLICK, CROSS CHASSE, ROCK ½ TURN RONDE, SAILOR STEP

1&2 Touch right toe next to left foot, touch right heel next to left foot, flick right heel up
3&4 Cross right foot in front left foot, step left foot next to right foot, cross right foot in front left foot
5&6 Rock left foot forward, recover weight on right foot, turn ½ while doing this make a ronde with left foot
7&8 Cross left foot backwards right foot, step right foot next to left foot, step left foot step out to left

TIME STEPS

1&2 Step right foot next to left foot, weight change on left foot, step right foot out to right
3&4 Step left foot next to right foot, change weight to right foot, turn ¼ over left, step left foot to left
5&6 Step right foot next to left foot, weight change on left foot, turn ¼ over left, step right foot out to right
7&8 Sway left hip to left, sway right hip to right, sway hip to left and put weight on left foot

AND HOLD, TURN ½, KNEE KNEE, CHASSE, MAMBO

&1-2 Turn ¼ over left and step right foot to right, lock left foot behind right foot, turn ¼ over left
3&4 Put left knee forward, put right knee forward, put right knee forward
5&6 Step right foot forward, step left foot next to right foot, step right foot step forward
7&8 Step left foot step forward, recover weight on right foot, touch left foot next to right foot

SAMBA ROLLS

1-2 Turn ¼ left and step left foot forward, turn ¼ left and step right foot to right
&3-4 Cross left foot forward right foot, turn ¼ left and step right foot backwards, turn ¼ left and touch left foot next to right foot
5-6 Step left foot forward, turn ¼ left and step right foot to right
&7-8 Cross left foot forward of right foot, turn ¼ left and step right foot backwards, turn ¼ left and touch left foot next to right foot

STEP OUT, TOGETHER, CHASSE, KICK AND POINT KICK AND POINT

1-2 Step left foot to left, step right foot next to left foot
3&4 Step left foot to left, step right foot next to left foot, step left foot out left
5&6 Kick right foot in front left foot, step right foot on spot, point left foot to left
7&8 Kick right foot in front left foot, step right foot on spot, point left foot to left

JAZZ BOX, TWIST SAMBA WALKS, MAMBO

- &1** Step left foot next to right foot, cross right foot in front left foot
- &2** Step left foot backwards, turn $\frac{1}{4}$ right and step right foot forward
- 3&4** Step left foot forward, step right foot next to left foot (while doing this twist hips to left, keep upper body forward), step left foot forward
- 5&6** Step right foot forward, step left foot next to right foot (while doing this twist hips to right, keep upper body forward), step right foot forward
- 7&8** Step left foot forward, recover weight on right foot, step left foot next to right foot

REPEAT

RESTART

**Dance the first 32 counts when the singing begins and start again
In the third wall after the samba roll, restart at count 49**
