

Contagious

COPPER KNOB
BY STEPSHEDS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Blevins (USA)
音樂: Evil Woman (feat. Diana King) - Soul Hooligan



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- 1-2 Cross body rock forward onto left foot; recover to right bringing left foot up and next to right knee while pushing hips back
- 3&4 Triple step in place left-right-left while making ½ turn left
- 5&6 Point right to right side; make 1 full turn right on left foot; step right foot next to left foot
- 7-8 Point left to left side; step left foot across right foot
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- 1&2 Rock side right onto right foot; recover onto left foot; step right foot across left foot
- 3-4 Step side left with left foot; touch right foot next to left foot
- &5-6 Step down on right foot; point left foot to left side; make ¼ turn left and step forward on left foot
- 7-8 Step forward with right foot; pivot ½ turn left taking weight on left foot
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- 1-2 Press forward onto right foot; pushing off right foot kick right foot forward while pushing hips back and bending at waist
- 3&4& Coaster step right-left-right; ¼ turn right on right foot
- 5&6 Triple step side left (left, right, left)
- 7-8 Bringing feet together and bending knees slightly, twist left; twist(return) to center taking weight onto right
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- 1-2 Step forward with left; pivot ½ turn right taking weight onto right foot
- &3-4 Make ½ turn right on right foot; point left foot to left side; step left foot across right foot
- 5&6 Step right to right side; making ¼ turn left, step left next to right; step forward with right foot
- 7-8 Walk forward left; walk forward right

REPEAT
