

Contagious

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 1 級數: Improver
編舞者: Marie "Lilli" Malmgren
音樂: Sex Bomb - Tom Jones & Mousse T.



KICK BALL CHANGE, SHUFFLE, PIVOT, COASTER STEP

1&2 Right kick ball change
3&4 Shuffle forward right, left, right
5 Pivot on left
6 Half turn right
7&8 Coaster step, right back, left to right, right forward

KICK BALL CHANGE, SHUFFLE, PIVOT, COASTER STEP

9&10 Left kick ball change
11&12 Shuffle forward left, right, left
13 Pivot on right
14 Half turn left
15&16 Left coaster step

SHUFFLE, ROCK STEP, STEP FORWARD, HIP ROLL

17&18 Shuffle to the right, right-left-right
19-20 Rock step back on left
21-24 Step forward on left, hip roll counter clock wise
Put your hands in front of you and let them go along with the roll

SHUFFLE, ROCK STEP, STEP FORWARD, HIP ROLL

25&26 Shuffle to the left, left-right-left
27-28 Rock step back on right
29-32 Step forward on right, hip roll clock wise
Put your hands in front of you and let them go along with the roll

COASTER STEP, CROSS FULL TURN, STEP LEFT, COASTER STEP

33&34 Right coaster step
35-36 Cross left over right full turn right, facing the same wall again
37 Step left foot to left side
38 Step right next to left
39&40 Left coaster step

REPEAT
