

Constantinople

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner line/contra dance
編舞者: Robert Rice (USA) & Joan Price (USA)
音樂: Istanbul - The Trevor Horn Orchestra



After teaching "It's Istanbul" (chor. Jo and John Kinser) to our intermediate dancers, we wanted a super simple dance to this delightful song for our new dancers. (We used the Kinsers' tag so that we'd be doing the same steps at that point when we danced a split floor.)

RIGHT SIDE, TOGETHER, SIDE, HEEL; STEP & HEEL X 3

1-2 Step right foot to right side, step left foot beside right
3-4 Step right foot to right side, tap left heel forward on left diagonal with leg extended
5-8 Step left foot to left side, tap right heel forward; step right foot to right side, tap left heel forward

LEFT SIDE, TOGETHER, SIDE, HEEL; STEP & HEEL X 3

1-2 Step left foot to left side, step right foot beside left
3-4 Step left foot to left side, tap right heel forward on right diagonal with leg extended
5-8 Step right foot to right side, tap left heel forward; step left foot to left side, tap right heel forward

Styling suggestion for steps 4,6,8 of sections 1 & 2: extend arms towards heel and click fingers

FORWARD LOCK STEP BRUSH RIGHT, LEFT

1-4 Step right forward on right diagonal, slide left behind right, step right forward on right diagonal, brush left forward
5-8 Step left forward on left diagonal, slide right behind left, step left forward on left diagonal, brush right forward

¼ TURN PIVOTS TWICE

1-4 Step forward right, hold, make ¼ turn left shifting weight to left foot (9:00)
5-8 Step forward right, hold, make ¼ turn left shifting weight to left foot (6:00)

REPEAT

TAG

This tag happens after 4 repetitions of the dance, where the song goes, "It's nobody's business but the Turks."

STEP BACK, DRAG HEEL X 4

1-2 Step back right on right diagonal, drag left heel to right, clap
3-4 Step back left on left diagonal, drag right heel to left, clap
5-8 Repeat 1-4