

Consortio Cha Cha

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Liam Hrycan (UK)
音樂: Traigo Una Pena (Dance Mix) - Franco de Vita



Pronounced Con-SOR-see-o

Use the 'Cuban Hip Motion' wherever necessary, throughout the whole dance

RIGHT SIDE STEP/TOGETHER, RIGHT SYNC. RHUMBA-BOX, LEFT SIDE STEP/TOGETHER/LEFT SIDE STEP, RIGHT LOCK SHUFFLE FORWARD

- 1-2 Step right foot to right side, step left foot to place beside right
- 3&4 Step right foot to right side, step left foot to place beside right, step right foot back
- 5-6 Step left foot to left side, step right foot to place beside left
- 7 Step left foot to left side
- 8&1 Step right foot forward, lock left foot behind right, step right foot forward

LEFT STEP/½ PIVOT RIGHT, SYNCOPATED STOMPS FORWARD (LEFT-RIGHT-LEFT), WALK FORWARD (RIGHT,LEFT), RIGHT KICK FORWARD, JAZZ JUMP BACK (RIGHT,LEFT)

- 2-3 Step left foot forward, pivot a ½ turn right (weight ending on right foot)
- 4&5 Stomp feet slightly forward - left, right, left
- 6-7 Walk forward - right, left
- 8 Kick right foot forward
- &1 Jump both feet back and shoulder width apart - right, left

CLAP, HIP SHAKES (LEFT-RIGHT-LEFT-RIGHT), RIGHT SAILOR STEP, LEFT BEHIND/UNWIND (¾-LEFT)

- 2 Hold position and clap hands
- &3&4 Shake hips - left, right, left, right
- & Shift weight onto left foot
- 5&6 Step right foot behind left, step left foot to left side, step right foot to right side
- 7-8 Cross left foot behind right, unwind a ¾ turn left (weight ending on left foot)

RIGHT FORWARD ROCK/RECOVER, RIGHT SHUFFLE BACK, LEFT STEP BACK (½-LEFT), RIGHT STEP/¾ PIVOT LEFT, RIGHT CHASSE

- 1-2 Rock right foot forward, recover weight back onto left foot
 - 3&4 Step right foot back, step left foot to place beside right, step right foot back
 - 5 Step left foot back a ½ turn left
 - 6-7 Step right foot forward, pivot a ¾ turn left (weight ending on left foot)
- Option: You can perform a ¾ rondé turn (on steps 6,7) sweeping right toe around left leg, making the turn with weight on the left leg and with the weight ending on the left foot**
- 8&1 Step right foot to right side, step left foot to place beside right, step right foot to right side

LEFT KICK/SIDE STEP/RIGHT TOUCH WITH LEFT HEEL JACK (¼-RIGHT), STOMPS FORWARD/APART (LEFT,RIGHT), CLAP TWICE

- 2&3 Kick left foot across right, step left foot to left side, touch right toe to place beside left
- &4 Step right foot slightly back, touch left heel forward
- &5 Step left foot down a ¼ turn right, stomp right foot to place beside left
- 6-7 Stomp left foot forward, stomp right foot forward a shoulder width apart from left
- &8 Clap hands twice (weight ending on left foot)

REPEAT