Cono Sur



拍數: 32 牆數: 4 級數: Improver

編舞者: Michele Perron (CAN) 音樂: Baby Knows - Prince



BACK, ACROSS, SIDE-BACK-ACROSS, FORWARD, BEHIND, SIDE, TURN, BACK

1-2	Right step back, left slide/step across front of right
1-2	right step back, left shae/step across front or right

Right step to side right, left step back, right step across front of left Left step diagonal left forward; right slide/step crossed behind left

7&8 Left step to side left, execute ¼ turn left with right step, left step back (9:00)

BACK, BACK, CLAP; FORWARD, FORWARD, CLAP, SLOW HIP CIRCLE, TWO HIP CIRCLES

&-1 Right step back and to side right; left step back and to side left (feet are apart)

2 Hold & clap

&-3 Right step forward; left step forward (feet are apart)

4 Hold & clap

5-6 Circle hips once (left side, back, right side, forward)
7-8 Circle hips twice (right side, back, left side, forward)

TURN/FORWARD, FORWARD, KICK-BALL-STEP, TURN/FORWARD, FORWARD, KICK-BALL-STEP

1-2 Execute ¼ turn right with right step forward; left step forward (12:00)

Right kick forward, right toe/ball step behind left, left step forward (in place)

5-6 Execute ½ turn right with right step forward; left step forward (6:00)

7&8 Right kick forward, right toe/ball step behind left, left step forward (in place)

Optional styling: add 'head whip' on 4 and 8

FORWARD, TOUCH/SNAP, BACK, TOUCH/SNAP, BEHIND-SIDE-SIDE (TURNING SAILOR) TOGETHER, TOUCH, HEEL POP

1-2	Execute ½ turn right with right step forward; left touch beside right with finger snaps above
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head (12:00)

3-4 Execute ½ turn right with left step forward; right touch beside right with finger snaps below

waist (6:00)

5&6 Right toe/ball step crossed behind right, execute ¼ turn right with left step, right step to side

right (9:00)

&-7 Left step next to right; right touch to side right (with bent knee)

8 Right heel 'pop' (strike floor with heel and lift)

REPEAT

TAG

At the end of the fourth (front wall) and sixth (back wall) rotations BRIDGE - MONTEREY TURN, SIDE-TOGETHER, SIDE-TOGETHER: REPEAT

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3-4 Left touch to side left; left step beside right
5-6 Right step to side right; left step beside right
7-8 Right step to side right; left step beside right

9-16 Repeat the above 8 counts